

## Vegetarian Options

### Roast Pumpkin, Feta & Chickpea Salad (gf)

Served with our own special balsamic dressing

### Sweet Potato & Feta Pastry

Served with roast potatoes and vegetable OR chips with salad

## Alternative Meals

### Ham, Salad Plate (gf)

Sandwich or Wrap (with our range of fillings) toasted or fresh

### Bowl of Hot Chips

### Bowl of Vegetables

## Desserts

### Lemon Pudding

### Fruit Salad

### Jelly-fruit

### Pancake with Jam

### Jack's Trio Mousse

Desserts served with Cream OR Ice-cream OR Yoghurt  
Please let us know your preference when ordering



Located at the  
**JACK YOUNG  
CENTRE**

1 Orange Ave, Salisbury

## STANDARD MENU

**2020 – 2021**

*Current—2 April 2021*

### Monday to Friday

Please place orders by calling

**8406 8525** before 11am

Lunch service 12noon - 1pm

Small meals available upon request



# Jack's Café Menu

Menu subject to change

## Soup of the week

Served with a bread roll

## Roast of the week

Served with roast potatoes and seasonal vegetables

*Plus two Specials each week*

*gf = Gluten Free*

*Note: our Bread rolls are not gluten free*

## Main Meals

### Chicken or Beef Schnitzel

Served with roast potatoes & vegetables OR chips with salad

*Choice of sauces include:*

*Mushroom, Garlic or Plain.*

### Grilled Chicken <sup>(gf)</sup>

Freshly grilled chicken breast served with roast potatoes & vegetables OR chips with salad

*Choice of sauces include:*

*Mushroom, Garlic or Plain.*

## Quiche of the week

Served with roast potatoes & vegetables OR chips with salad

## Tuna Patties

Two (2) tuna patties served with roast potatoes & vegetables OR chips with salad

*Choice of sauces include:*

*Mushroom, Garlic or Plain.*

## Fish & Chips

Grilled <sup>(gf)</sup> OR Crumbed served with vegetables OR salad