



THE UNIVERSITY
of ADELAIDE



2014 DIRECTORY

MENTAL HEALTH AND ALCOHOL AND OTHER DRUG SERVICES FOR SALISBURY & PLAYFORD

adelaide.edu.au

seek LIGHT



Types of services listed

Aboriginal
Government
Non-Government
Community Controlled
Self-Help Groups
Problem Gambling Services

Acknowledgements

The Comorbidity Action in the North (CAN) Research Team and its Partners.
University of Adelaide
With special thanks to Imelda Cairney, Sarah Lowes, Sarah Scott and
Morgan Glazbrook.

Produced by

Comorbidity Action in the North (CAN) Research Project
ISBN 978-0-9872126-5-8



Important Phone Numbers

24 hours, 7 days/week

Free Help, Advice, Information, Referral

Emergency 000

SA Police – non urgent 13 14 44

SA Ambulance – enquiries 1300 13 6272

Poison Information Centre Australia 13 11 26

Alcohol and Drug Information Service 1300 13 1340

Mental Health Triage 13 14 65

Crisis Care 13 16 11

Kids Helpline 1800 55 1800

Reliable Websites

www.ahcsa.org.au

www.dassa.sa.gov.au

www.sandas.org.au

www.beyondblue.org.au

www.mind.org.au

www.orygen.org.au

<http://au.reachout.com/>

www.healthinfolnet.ecu.edu.au/

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Aboriginal Services – Adult



Primary health, alcohol and drug, mental health,
social and emotional wellbeing and problem gambling services.

Services in Salisbury & Playford Areas

Aboriginal Sobriety Group Inc

Northern office – out reach service

Counseling for alcohol and drugs and mental health.

Open to the public, no referral necessary, not culturally specific.

28-30 Brady Street

Elizabeth Downs, 5113

Tel: 8254 5300 – 8:30am-5pm, Monday to Friday

Website: www.aboriginalsobrietygroup.org.au

Northern Adelaide Medicare Local

(formerly Adelaide Northern Division of General Practice)

Closing The Gap

Under the “Closing the Gap – Improving Indigenous Access to Mainstream Primary Care” Program, the Federal Government has funded Northern Health Network (formerly Adelaide Northern Division of General Practice) to work towards improving access to culturally sensitive/appropriate primary health care services for Aboriginal and Torres Strait Islander communities in the North.

2 Peachy Road

Edinburgh North, 5113

Tel: 8209 0700 – 8:30am-5pm, Monday to Friday

Website: www.andgp.org.au

Muna Paiendi

Aboriginal Community Health Centre

Corner Haydown Road & Oldham Road

Elizabeth Vale, 5112

Tel: 8182 9206 – 9am-5pm, Monday to Friday

Nunkuwarrin Yunti of South Australia Inc

Elizabeth Downs Clinic

Counseling to achieve social and emotional wellbeing. Also offer a women's' Healing Group.

Have a Psychiatrist available once per month.

28-30 Brady Street

Elizabeth Downs, 5113

Tel: 8254 5300 – 9am-5pm, Monday to Friday

Fax: 8254 1944

Website: www.nunku.org.au

No Pulgi Mobile Health Team

Nunkuwarrin Yunti in partnership with Aboriginal Sobriety Group, Aboriginal Primary Health Care Access Program (APHCAP) and others provide this outreach primary health care service which aims to improve health outcomes of all homeless people in the Adelaide central business district.

28-30 Brady Street

Elizabeth Downs, 5113

Tel: 8223 5217 – 9am-5pm, Monday to Friday

Website: www.nunku.org.au

Metropolitan Services with in-reach to the North

Aboriginal Sobriety Group Inc

Substance misuse program. Health and fitness centre. Crisis intervention. Assessment, referral and counseling. Stabilisation. Rehabilitation. Outreach services.

182-190 Wakefield Street

Adelaide, 5000

Tel: 8223 4204 – 8:30am-5pm, Monday to Friday

Website: www.aboriginalsobrietygroup.org.au

Mobile Assistance Patrol (MAP)

MAP provides transport to Aboriginal people under the influence of alcohol or other substances from public places to places of care, safety and support.

182-190 Wakefield Street

Adelaide, 5000

Mobile: 0411 474 368 – 24 hours, 7 days

Website: www.aboriginalsobrietygroup.org.au

Westcare Centre

Aboriginal Services

Incorporating Aboriginal Men's Drug Intervention Program.

Aboriginal Services offers a variety of interventions and supports to meet the needs of Aboriginal people.

216 Wright Street

Adelaide, 5000

Tel: 8118 5200 – 9am-5pm, Monday to Friday

Website: www.baptistcaresa.org.au

Lakalinjeri Tumbetin Waal

Residential rehabilitation and life skills development program for Aboriginal and TSI people with alcohol or other drug problems.

Frahns Farm

Monarto, 5254

Tel: 8534 4028 – 9am-5pm, Monday to Friday

Nunkuwarrin Yunti of South Australia Inc

Counseling to achieve social and emotional wellbeing.

182-190 Wakefield Street

Adelaide, 5000

Tel: 8406 1600 – 9am-5pm, Monday to Friday

Fax: 8232 0949

Website: www.nunku.org.au



Aboriginal Services – Youth



Primary health, alcohol and drug, mental health, social and emotional wellbeing and problem gambling services.

Metropolitan Services with in-reach to the North

Aboriginal Family Support Services

Gambling Help Service (the “Safe Bet” program)

Up to 18 years for fostering. Up to 24 years for accommodation services.

Primarily a foster care service also cover; community wellbeing, family and community care, youth accommodation support services, crisis accommodation service, gambling.

134 Waymouth Street

Adelaide, 5000

Tel: 8205 1500 – 9am-5pm, Monday to Friday

Website: www.afss.com.au

Centacare

Nunga Stars (Youth Program)

Aimed at young Aboriginal women to reduce the use of alcohol and other substances.

252 Port Road

Hindmarsh, 5007

Tel: 8241 7022 – 9am-5pm, Monday to Friday

Email: hindmarsh@centacare.org.au

Website: www.centacare.org.au

Kumangka Aboriginal Youth Service

12-25 years.

6 Mary Street

Hindmarsh, 5007

Tel: 8340 4499 – 9am-5pm, Monday to Friday

Website: www.kumangka.com.au

Northern Adelaide Medicare Local

(formerly Adelaide Northern Division of General Practice)

Northern Health Network (formerly Adelaide Northern Division of General Practice) offers a range of specialist nursing, allied health, mental health, information technology, education and business support to 69 local general practices.

2 Peachy Road

Edinburgh North, 5113

Tel: 8209 0700 – 8:30am-5pm, Monday to Friday

Website: www.andgp.org.au

Relationships Australia SA

Family Youth Mental Health Support Service

Birth-24 years. Improve mental health outcomes for children and young people from culturally and linguistically diverse, Aboriginal and Torres Strait Islander communities. Information and referral, family support, advocacy, targeted emotional support, education and skills development, peer support, community awareness and development.

49A Orsmond Street

Hindmarsh, 5007

Tel: 8245 8100 – 9am-5pm, Monday to Friday

Website: www.rasa.org.au

Alcohol & Other Drug Services – Adult



Services in Salisbury & Playford Areas

Drug Arm SA

Community and Family Support Services (CAFSS)

Northern Office

16+ years. The CAFSS program is a free, confidential service that offers support, assessment, brief intervention and referral.

6 Bogan Road

Hillbank, 5112

Tel: 8255 0233 – 9am-5pm, Monday to Friday

Website: www.drugarm.com.au

Drug and Alcohol Services SA (DASSA)

Drug and Alcohol Services South Australia (DASSA) a Statewide Health Service which aims to address alcohol, tobacco, pharmaceutical and illicit drug issues.

Northern Service

22 Langford Drive

Elizabeth, 5112

Toll Free: 1300 13 1340

Website: www.dassa.sa.gov.au

Mission Australia

Community Drug and Alcohol Rehabilitation Program

A holistic rehabilitation program to assist changes to alcohol and other drug use. Offers strategies, counselling, education and programs to assist understanding substance use; strategies for change and relapse prevention.

A strengths and partnership approach assists participants with their personal goals and plan for change including any interrelated health, mental health, education/employment; family; life and recreation needs.

Suite 4, Raleigh Chambers

Elizabeth City Centre, 5112

Tel: 8256 4300 – 9am-5pm, Monday to Friday

Metropolitan Services with in-reach to the North

Addiction Counseling Service (Private)

North Eastern Community Hospital (Private)

Head Office

580 Lower North East Road

Campbelltown, 5074

Tel: 8383 7113 – 24 hours, 7 days

Follow this link <http://addictioncounsellingservices.com.au/treatment-overview.htm>

for info on the 5 Stages of Recovery.

Turn Around Program (Private)

Provides participant with skills and tools to rebuild their lives.

Three evenings a week from 5:30pm-8:30pm for six weeks.

North Eastern Community Hospital

580 Lower North East Road

Campbelltown, 5074

Tel: 8383 7113 – 24 hours, 7 days

Follow this link <http://addictioncounsellingservices.com.au/treatment-tap.htm> for info on the Turn Around Program

The Manor Born (Private)

Addiction counseling service. Residential rehabilitation.

One weekend or up to six weeks of live-in treatment

Between Clarendon and Kangarilla

Tel: 8383 7113 – 24 hours, 7 days

Follow this link <http://addictioncounsellingservices.com.au/treatment-tmbp.htm> for info on the The Manor Born Program

The Lifestyle Program (Private)

Supported after care.

North Eastern Community Hospital

580 Lower North East Road

Campbelltown, 5074

Tel: 8383 7113 – 24 hours, 7 days

Follow this link <http://addictioncounsellingservices.com.au/treatment-lp.htm> for info on the Lifestyle Program

Baptist Care**Alcohol and Other Drugs (AOD)**

Baptist Care utilises a range of recognised counseling techniques across its services, which includes motivational interviewing, cognitive behavioural and narrative therapy.

Their AOD interventions are based on holistic interventions and a 'stages of change' model.

Level 2, Baptist Care House

130 Rose Terrace

Adelaide, 5034

Tel: 8273 7100 – 9am-5pm, Monday to Friday

Website: www.baptistcaresa.org.au

Drug Arm SA**State Office**

12-25 years

249 Diagonal Road

Warradale, 5046

Tel: 8296 4777 – 9am-5pm, Monday to Friday

Website: www.drugarm.com.au

Drug and Alcohol Services SA (DASSA)

Drug and Alcohol Services South Australia (DASSA) a statewide health service which aims to address alcohol, tobacco, pharmaceutical and illicit drug issues.

Withdrawal Service

Glenside Health Services

(Karrayerta Drive)

226 Fullarton Road

Glenside, 5065

Toll Free: 1300 13 1340 (8.30am-10pm every day) for assistance after these hours call Lifeline 13 1114

The Woolshed

16+ years. Therapeutic community drug rehabilitation (live-in).

The Woolshed provides a drug-free environment and offers a structured program to develop living, work and interpersonal skills through education, counseling, group work and recreation activities.

Ashbourne, 5157

Toll Free: 1300 13 1340

Website: www.dassa.sa.gov.au

Karobran New Life Centre (Private)

Karobran New Life Centre provides live-in programs with intensive assistance for addiction recovery and life skills coaching.

PO Box 720

Naracoorte, 5271

Tel: 8764 7470 – 9am-5pm, Monday to Friday

Website: www.karobran.org

Offenders Aid and Rehabilitation of SA (OARS)

Drug and Gambling Counseling

231 Morphett Street

Adelaide, 5000

Tel: 8218 0700 – 9am-5pm, Monday to Friday

Website: www.oars.org.au

Ramsay Mental Health – The Adelaide Clinic (Private)

Psychiatric/Alcohol and Drug Treatment (Private)

The Adelaide Clinic is a leading provider of psychiatric services in South Australia.

The hospital, which is a teaching facility of the University of Adelaide, provides a full range of general, acute and specialised psychiatric services.

33 Park Terrace

Gilberton, 5081

Tel: 8269 8100 – 8:30am-7pm, Monday to Friday

Website: www.adelaideclinic.com.au

Kahlyn Day Centre (Ramsay Health) (Private)

Alcohol and Drug Therapy. Outpatient Day Centre

40 Briant Road

Magill, 5072

Tel: 8331 0811 – 8:30am-7pm, Monday to Friday

Website: www.adelaideclinic.com.au

Royal Adelaide Hospital

Drug and Alcohol Resource Unit (DARU)

In-patient assessment. Outpatient Service and referral

Royal Adelaide Hospital

Adelaide, 5000

Tel: 8222 5473 – 8:30am-5:30pm, Monday to Friday

Website: www.rah.sa.gov.au

SA Network of Drugs and Alcohol Services (SANDAS)

Advice, information and advocacy for non-government organisations providing alcohol and other drug services.

204 Wright Street

Adelaide, 5000

Tel: 8231 8818 – 9am-5pm, Monday to Friday

Website: www.sandas.org.au

Salvation Army

Drugs and Alcohol SA

Salvation Army Psychology Service (Referral from GP)

277 Pirie Street

Adelaide, 5000

Tel: 8110 8500 – 9am-5pm, Monday to Friday

Website: www.salvationarmy.org.au

Sobering up Unit

Supported accommodation and recovery. Bridge Program

62A Whitmore Square

Adelaide, 5000

Tel: 8212 2855 – 9am-5pm, Monday to Friday

Website: www.salvationarmy.org.au

Uniting Communities (formerly Uniting Care Wesley)

New Roads

Residential and Outreach Alcohol and Drug Service

61-67 Byron Place

Adelaide, 500

Tel: 8217 9600, 9am-5pm, Monday to Friday

Fax: 8231 8032

Email: newROADS@unitingcommunities.org

Website: www.unitingcommunities.org

Alcohol & Other Drug Services – Youth



Services in Salisbury & Playford Areas

Drug Arm SA

Community and Family Support Services (CAFSS)

Northern Office

16+ years. The CAFSS program is a free, confidential service that offers support, assessment, brief intervention and referral.

6 Bogan Road

Hillbank, 5112

Tel: 8255 0233 – 9am-5pm, Monday to Friday

Website: www.drugarm.com.au

Northern Area Community & Youth Service Inc.

Crisis and Therapeutic Services

10-25 years. Young people who reside in the Playford, Gawler or Salisbury regions.

Oldford Road

Davoren Park, 5113

Tel: 8252 2474 – 9am-5pm, Monday to Friday

Email: nacys@nacys.asn.au

Website: www.nacys.asn.au

Early Intervention Team

10-25 years. Assistance, Counseling & Support for families and individuals

Oldford Road

Davoren Park, 5113

Tel: 8252 2474 – 9am-5pm, Monday to Friday

Email: nacys@nacys.asn.au

Website: www.nacys.asn.au

C.H.A.N.G.E.

12-20 years. Changing Habits, Attitudes & Gaining Education – a joint initiative between the NACYS and the Dept. of Health & Ageing. A cannabis treatment program for young people residing in the Gawler, Salisbury, Playford, Mallala, Light and Barossa council regions.

Oldford Road

Davoren Park, 5113

Tel: 8252 2474 – 9am-5pm, Monday to Friday

Email: nhehir@nacys.asn.au

Website: www.nacys.asn.au

Metropolitan Services with in-reach to the North

Centacare

Centacare Drug and alcohol Services (CDAS)

10-30 years. Home detoxification and counseling services for people who have committed drug or alcohol related offences in the Adelaide Metro area. No referral necessary.

413 Grange Road

Seaton, 5023

Tel: 8159 1400 – 9am-5pm, Monday to Friday

Email: seaton@centacare.org.au

Website: www.centacare.org.au

Drug Arm SA

State Office

12-25 years

249 Diagonal Road

Warradale, 5046

Tel: 8296 4777 – 9am-5pm, Monday to Friday

Website: www.drugarm.com.au

Mission Australia

Hindmarsh Centre

Specialist state-wide youth drug and alcohol service offers young people under 25 years with a range of services to assist with safety and change to their substance use including: Residential Rehabilitation Program (6-8 week residential program); Sobering Up Program (overnight safe accommodation when intoxicated); Outreach Community Drug and Alcohol Program (for young people and their families); Counselling and Police Drug Diversion Program.

5 Milner Street

Hindmarsh, 5007

Tel: 8417 8100 – 9am-5pm, Monday to Friday

Uniting Communities (formerly Uniting Care Wesley)

Alcohol and Other Drugs Program

12-25 years. Uniting Communities' Alcohol and Other Drugs Program supports young people to tackle alcohol and other drug issues. The service aims to assist young people to establish goals for treatment, improve competence, and deal with peer relationships. This program includes developing more effective community responses to drug and alcohol misuse.

27 Gresham Street

Adelaide, 5000

Tel: 8202 5950 – 1pm-5pm Monday, 9am-5pm Tuesday to Friday

Website: www.unitingcommunities.org

Mental Health Services – Adult



Services in Salisbury & Playford Areas

Anglicare

Northern Team

Incorporating: SA Police Drug Diversion Program (PPDI)

91-93 Elizabeth Way

Elizabeth, 5112

Tel: 8209 5400 – 9am-5pm, Monday to Friday

Anglicare Police Drug Diversion Initiative (PDDI) Counseling Service

Salisbury, 5108

Website: www.anglicare-sa.org.au

Personal Helpers & Mentors (PHaMs)

Aboriginal focus.

91-93 Elizabeth Way

Elizabeth, 5112

Tel: 8209 5400 – 9am-5pm, Monday to Friday

Carers Association of SA Inc

Northern Carers Network

Northern Carers Network offers a range of services designed to make the role of Carers a little easier.

15/130 Peachey Road

Davoren Park, 5113

Tel: 8284 0388 – 9am-5pm, Monday to Friday

Website: www.carers-sa.asn.au

Centacare

Northern office

Emmaus House

33 Carey Street

Salisbury, 5108

Tel: 8250 3694 – 9am-5pm, Monday to Friday

Email: salisbury@centacare.org.au

Website: www.centacare.org.au

Personal Helpers and Mentors Program

16+ years. Assisting people whose ability to manage their daily activities is severely limited by mental illness. A formal diagnosis is not required.

20 Gawler Street

Salisbury, 5108

Tel: 8209 6200 – 9am-5pm, Monday to Friday

Toll Free: 1800 808 908

Email: asksalisbury@centacare.org.au

Website: www.centacare.org.au

Disability SA

46 Commercial Road

Salisbury, 5108

Tel: 8282 5500 – 9am-5pm, Monday to Friday

Fax: 8282 5555

Life Without Barriers

Includes refugees and asylum seekers

Support Office

22 Salisbury Highway

Salisbury, 5108

Tel: 8285 6238 – 9am-5pm, Monday to Friday

Website: www.lwb.org.au

NEAMI

Website: www.neami.org.au

16-64 years. NEAMI is a non-government mental health organisation that provides rehabilitation and recovery support to people with a serious mental illness who require assistance in areas of skill development, social contact and housing.

66 Park Terrace

Salisbury, 5108

Tel: 8281 1955 – 9am-5:30pm, Monday to Friday

827 Main North Road

Pooraka, 5095

Tel: 8300 8900 – 9am-5:30pm, Monday to Friday

Northern Adelaide Medicare Local

(formerly Adelaide Northern Division of General Practice)

Northern Health Network (formerly Adelaide Northern Division of General Practice) offers a range of specialist nursing, allied health, mental health, information technology, education and business support to 69 local general practices

2 Peachy Road

Edinburgh North, 5113

Tel: 8209 0700 – 8:30am-5pm, Monday to Friday

Website: www.andgp.org.au

Northern Community Mental Health Services

Mental Health Triage

Tel: 13 14 65 – 24 hours, 7 days

ALL URGENT REFERRALS. Provides advice and information in a mental health emergency or crisis situation.

Salisbury & Playford Integrated Teams

The range of recovery focused functions includes emergency assessment, crisis intervention, assertive care and clinical support. Services also include 24hr COAG acute service and walk-in service. Team also provide psychological therapies and other interventions.

7-9 Park Terrace

Salisbury

Tel: 7485 4300

Fax: 7485 4400

Residential Rehabilitation – Wondakka

Community Recovery Centre. Referral required from Assessment & Crisis Intervention Services (ACIS).

10 Saratoga Road

Elizabeth East, 5112

Tel: 8282 1840

Club 84

18+ years. Clinical Psychosocial Rehabilitation Program. Referral required from Mental Health Services.

84 Yorktown Road

Elizabeth Park, 5113

Tel: 8287 3800 – 9am-5pm, Monday to Friday

Inpatient Unit 1G

Lyell McEwin Hospital
Oldham Road
Elizabeth Vale, 5112
Tel: 8182 9318

Perinatal Mental Health Team

Lyell McEwin Hospital
130 Haydown Road
Elizabeth Vale, 5112
Tel: 8282 0794

Relationships Australia

General Mental Health counseling. Fee charged for services is calculated on income or \$15 with Health Card.
Shop 8a
Salisbury Cinema Complex
Cnr James & Gawler Street
Salisbury, 5097
Tel: 8250 6600 – 9am-5pm Monday, Tuesday, Wednesday and Friday, 1pm-9pm Thursdays

Salisbury Primary Health

Counseling. Culturally and Linguistically Diverse (CALD) worker available for new arrivals and others. Outreach services provided.
Shop 3-4
72 John Street
Salisbury, 5108
Tel: 8281 1775 – 8:45am-5pm, Monday to Friday
Metropolitan Services with in-reach to the North

Anglicare**Head Office**

18 King William Street
North Adelaide, 5006
Tel: 8305 9200 – 8:30am-5pm, Monday to Friday
Website: www.anglicare-sa.org.au

Family & Carer Support (Mental Health Respite)

463 Regency Road
Prospect, 5082
Tel: 8269 8700 – 8:30am-5pm, Monday to Friday

Exceptional Needs Program

463 Regency Road
Prospect, 5082
Tel: 8269 8700 – 8:30am-5pm, Monday to Friday

Baptist Care**Mental Health Disability Community Services**

These services are as varied as the client groups they are meant for. From young people who are disengaged from the community and their education (or at risk of doing so), to older people facing social isolation owing to disability or illness.
Level 2, Baptist Care House
130 Rose Terrace
Adelaide, 5034
Tel: 8273 7100 – 9am-5pm, Monday to Friday
Website: www.baptistcaresa.org.au

Gawler Health Service

Gawler Mental Health Support Program

21 Hutchinson Road

Gawler East, 5118

Tel: 8521 2000 – 9am-5pm, Monday to Friday

Life Without Barriers

Includes refugees and asylum seekers

Regional Office

242 Prospect Road

Prospect, 5082

Tel: 8169 3000 – 9am-5pm, Monday to Friday

Website: www.lwb.org.au

Mental Illness Fellowship of SA (MIFSA)

(formerly known as Schizophrenia Fellowship of SA)

Well Ways Duo Comorbidity Program

Personal, Helper and Mentor Services

For family, friends and carers of people with mental illness and drug and alcohol issues.

5 Cooke Terrace

Wayville, 5034

Tel: 8378 4100 – 9am-5pm, Monday to Friday

Website: www.mifsa.org.au

MIND

Home based service. To access service in Northern suburbs, contact Head Office.

Head Office

210 Greenhill Road

Eastwood, 5063

Tel: 8274 2700 – 9am-5pm, Monday to Friday

Website: www.mindaustralia.org.au

Mission Australia

Co-Morbidity Project

This state-wide capacity-building program ensures all services are able to identify, assess and respond to coexisting issues of substance use and mental health. Offering practice guidance, tools, development and quality assurance programs, the program ensures all Mission Australia staff are equipped. Also ensures strong working relationships with specialist mental health services.

5 Milner Street

Hindmarsh, 5007

Tel: 8417 8100 – 9am-5pm, Monday to Friday

SA Mental Health Service

Helen Mayo House (post natal)

Mothers and babies 0-3 years. Referral only.

Helen Mayo Clinic

Glenside Campus

226 Fullarton Road

Glenside, 5065

Tel: 8303 1183 – 24 hours, 7 days

Mental Health Services – Older Persons



Services in Salisbury & Playford Areas

1H at the Lyell McEwin Hospital

Acute Inpatient Units

65+ years. Acute units provide psychiatric inpatient assessment and treatment for people aged 65 and over (or younger, if suffering from age-related mental health issues).

Ward 1H

Lyell McEwin Hospital

Oldham Road

Elizabeth Vale, 5112

Tel: 8133 2161 – 9am-5pm, Monday to Friday

Older Persons Mental Health Services

Northern Community Team

65+ years, (45+ years for indigenous consumers).

Community Mental Health Teams provide initial mental health assessment, treatment, care planning and follow-up

30 Gawler Street

Salisbury, 5108

Tel: 8182 9204 – 9am-5pm, Monday to Friday

Metropolitan Services with in-reach to the North

Uniting Communities (formerly Uniting Care Wesley)

Collaboration Action Program 65+ years (45+ years for indigenous consumers)

Uniting Communities Collaborative Action Program provides social and treatment options for older people who have a mental illness and complex needs, such as dementia or challenging behaviour.

10 Pitt Street

Adelaide, 5000

Tel: 8202 5291 or 8182 9204 (Northern Region)

Website: www.unitingcommunities.org



Mental Health Services – Youth



Services in Salisbury & Playford Areas

Anglicare

Living Free

Residential Program

Elizabeth, 5112

Tel: 8287 1685 – 9am-5pm, Monday to Friday

Website: www.anglicare-sa.org.au

The Elizabeth Mission (formerly known as Family Centre North)

91-93 Elizabeth Way

Elizabeth, 5112

Tel: 8209 5400 – 9am-5pm, Monday to Friday

Website: www.anglicare-sa.org.au

Teen Challenge SA Inc

15-30 years. Counseling service

76 Daphne Road

Salisbury, 5108 Tel: 8283 3255 – various hours

Website: www.anglicare-sa.org.au

Boys Town

Up to 25 years. Provide help and reassurance to those experiencing life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Offer one-on-one counseling to young people and their families.

24 Langford Drive

Elizabeth, 5112

Tel: 8287 8000 – 9am-5pm, Monday to Friday

Email: adelaide@boystown.com.au

Centacare

Navigate and Reconnect Mental Health

12-18 years. Outreach Service – for the homeless or those at risk of homelessness and have an emerging mental health concern.

413 Grange Road

Seaton, 5023

Tel: 8159 1400 – 9am-5pm, Monday to Friday

Email: seaton@centacare.org.au

Website: www.centacare.org.au

Child and Adolescent Mental Health Services (CAMHS)

Northern Community Team

Northern CAMHS services include; individual, group and family therapies; mental health promotion activities; community development activities; consultation with staff from other agencies re mental health issues. Clinical services provided by Psychiatrists, Community Mental Health Nurses, Clinical Psychologists, Social Workers and Speech Pathologists.

Suite 11, Sidney Chambers

Oxenham Drive

Elizabeth, 5112

Tel: 8252 0133 – 9am – 5pm, Monday to Friday

Headspace

12-25 years. Headspace helps with; general health; mental health and counseling; education, employment and other services and alcohol and other drug services.

Shop 3-4

72 John Street

Salisbury, 5108

Tel: 8209 0700 – by appointment

Website: www.headspace.org.au

Northern Adelaide Medicare Local (formerly Adelaide Northern Division of General Practice)

Headspace

12-25 years. Adelaide Northern headspace provides a range of services for young people with mental health and/or alcohol and substance use issues. Headspace works collaboratively with other community agencies to provide integrated care for young people. Services include GPs, mental health clinicians, youth workers, psychiatrists, education and employment specialists.

2 Peachy Road

Edinburgh North, 5113

Tel: 8209 0700 – 8:30am-5pm, Monday to Friday

Website: www.headspace.org.au/adelaidenorthern

The Second Story Youth Health Centre

18-25 years. By appointment.

Gillingham Street

Elizabeth, 5112

Tel: 8209 0700 – 9am-5pm, Monday to Friday

Shopfront Youth Health & Information Service

By appointment

Shop 3-4

72 John Street

Salisbury, 5108

Tel: 8209 0700 – 9am-5pm, Monday to Friday

Northern Area Community Youth Service

Crisis and Therapeutic Services

10-25 years. Young people who reside in the Playford, Gawler or Salisbury regions.

Oldford Road

Davoren Park, 5113

Tel: 8252 2472 – 9am-5pm, Monday to Friday

Email: nacys@nacys.asn.au

Website: www.nacys.asn.au

Early Intervention Team

10-25 years. Assistance, Counseling & Support for families and individuals.

Oldford Road

Davoren Park, 5113

Tel: 8252 2474 – 9am-5pm, Monday to Friday

Email: nacys@nacys.asn.au

Website: www.nacys.asn.au

Metropolitan Services with in-reach to the North

Centacare

Navigate and Reconnect Mental Health

12-14 years. Early intervention program – emerging health issues of young person.

Target Adelaide metropolitan area.

33/45 Wakefield Street

Adelaide, 5000

Tel: 8210 8200 – 9am-5pm, Monday to Friday

Toll Free: 1800 809 304

Website: www.centacare.org.au

Relationships Australia SA

Family Youth Mental Health Support Service

Birth-24 years. Improve mental health outcomes for children and young people from Culturally and Linguistically Diverse, Aboriginal and Torres Strait Islander communities. Information and referral, family support, Advocacy, Targeted emotional support, education and skills development, peer support, community awareness and development.

49A Orsmond Street

Hindmarsh, 5007

Tel: 8245 8100 – 9am-5pm, Monday to Friday

Website: www.rasa.org.au

Uniting Communities

(formerly Uniting Care Wesley)

Reconnect Salisbury

12-18 years. Aims to help young people engage with family, education, training, work and community. The anticipated outcomes of this service are to reduce family conflict and ultimately reduce the number of young people who may become homeless.

Tel: 8202 5939

Website: www.unitingcommunities.org

Women's and Children's Hospital

Adolescent Ward (Boylan Ward)

Mental health and alcohol/drug treatment.

72 King William Road,

North Adelaide, 5006

Tel: 8161 7000 – 24 hours, 7 days

Website: www.wch.sa.gov.au

Problem Gambling Services – Adult



Services in Salisbury & Playford Areas

Anglicare

Gambling Help Service

Outreach Service. Counseling, education and support. Also bi-lingual and bi-cultural counseling for the Cambodian community (Beyond Gambling).

9 Mary Street

Salisbury, 5108

Tel: 8256 2160 – 9am-5pm, Monday to Friday

Website: www.anglicare-sa.org.au

Statewide Gambling Therapy Services

Guidance and counseling.

20B John Street

Salisbury, 5108

Tel: 8182 4911 – 9am-5pm, Monday to Friday

Website: www.sagamblingtherapy.com.au

Metropolitan Services with in-reach to the North

Offenders Aid and Rehabilitation of SA (OARS)

Drug and gambling counseling.

231 Morphet Street

Adelaide, 5000

Tel: 8218 0700 – 9am-5pm, Monday to Friday

Website: www.oars.org.au



Self-Help & Consumer Groups



Services in Salisbury & Playford Areas

Essence of Hope

A facilitated education and support group for carers and friends of family member with an experience of mental illness, a partnership between the City of Playford and the Northern Carers Network.

Every 2nd Tuesday of the Month 7pm-9pm at:

Grenville Community Connections Hub

Playford Boulevard

Elizabeth, 5112

Tel: 8284 0388 (Northern Carers Network) – 9am-5pm, Monday to Friday OR

Tel: 8256 0183 (Council) – 9am-5pm, Monday to Friday, for more info.

Metropolitan Services with in-reach to the North

Al-Anon Family Groups

To help families and friends of alcoholics recover from the effects of living with someone whose drinking is a problem. Incorporating ALATEEN. Alateen provides support for teenagers affected by the problem drinking of a parent or other family member.

Harmer House

5 Leigh Street

Adelaide, 5000

Tel: 8231 2959 or 8212 6824 – 10am-2:45pm, Monday to Friday

Website: www.al-anon.org/australia

Alcohol Anonymous (AA)

120/38 Gawler Place

Adelaide, 5000

Tel: 8227 0046 – 9am-5pm, Monday to Friday

24 Hour Number: 8227 0334

National Helpline: 1300 22 22 22

Website: www.aa.org.au

Family Drug Support

To assist families throughout Australia to deal with alcohol and drug issues in a way that strengthens relationships and achieves positive outcomes.

PO Box 7363

NSW, 2780

Local contact: Kath

Tel: 8384 4314 – 9am-9pm, 7 days

Mobile: 0401 732 129

Website: www.fds.org.au/famsupport.html – scroll down for SA meetings

Gamblers Anonymous

PO Box 220

Fullarton, 5063

Tel: 8212 6933 – for meeting information

Website: www.saga.websyte.com.au

Narcotics Anonymous (NA)

PO Box 479

Kent Town, 5067

Tel: 8231 4233 – for meeting information



