**Zumba**

**“Low impact - for Olders Adults and beginners"**

**Take part in a** **45 – 60 minute** **FUN, low impact session at various venues & times around Salisbury**

For additional information, please contact the instructor Cheryl on 0410 556 371[mckibby@bigpond.net.au](mailto:mckibby@bigpond.net.au)

**Mondays**

10.00 – 10.45am at Salisbury Scout Hall

Memorial Ave, Salisbury Cost : $5

**Tuesday**

10.00 - 11am at the Para Hills Centre

Wilkinson rd, Para Hills, part of the Library complex) Cost : $5

**Thursday**

10am – 11am at at Salisbury Scout Hall (Memorial Ave, Salisbury) Cost : $5

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