## What's on Guide



## Para Hills Community Hub

## **Children and families**

## **Giggle Time**

Have fun building early literacy skills through sharing books, songs and rhymes.

Thursdays, 10am (during school term) Cost: Free Age: 0 to 2 years

## **Story Time**

Engage your child in reading and broaden their creativity and imagination through rhymes, stories and language.

Fridays, 10am (during school term) Cost: Free Age: 3 to 5 years

### **Nature Play**

Drop by the community garden for nature-based play or quiet reading. Activities may vary based on weather.

Thursdays, 10am to 12pm (during school term) Cost: Free

## After School Catchup

Activities include Lego, craft, colouring, jigsaw puzzles and dominoes.

Wednesdays, 3.30pm to 4.30pm (during school term) Cost: Free Age: 6 to 12 years

## **Book Week**

The Children's Book Council of Australia is celebrating 80 years of Children's Book Week in 2025, with the theme Book an Adventure! Visit us to see what adventures await.

Saturday 16 to Saturday 23 August

## Library of Things

Tired of purchasing new toys or want to try a toy before you buy? Check out our toy collection and speak to staff for more information.

## Art and craft

## Zentangle Workshop

Learn stress-relieving pattern drawing. No creative experience needed.

Wednesday 6 August, 1pm to 2.30pm Cost: \$5 W: Zentangle2ndWorkshopPHCH.

eventbrite.com.au

### Quilting

Social group for quilting enthusiasts to share skills.

Fridays, 9am to 2pm (during school term) Cost: \$5 per class

### Spinning

Social spinning group using traditional wheels with peer support.

Mondays, 1.15pm to 3.15pm (during school term) Cost: \$5 per class

## July to September 2025

## Smocking

Friendly group sharing smocking skills in a social environment.

Thursdays, 9am to 1pm Cost: \$5 per class

## Nature

### Para Hills Community Garden



A welcoming space open to all to relax and connect with nature.

Monday to Friday, 9am to 5pm Cost: Free

## Sustainable Foodies Workshop Series

Learn food-saving and gardening skills through five unique workshops, including:

- Souper Savers and Small Space Gardening
- Preserved Lemons and Moroccan Flavours
- Cheap Gardens in Small Spaces
- 5 Ingredients, 5 Cultures, Making your food go further
- All things Worms and Worm Farming

Cost: Free

W: SustainableFoodiesWorkshop Series.eventbrite.com.au

## What's on Guide



## Health and wellbeing

### **Immunisation Clinic**

Free immunisation for eligible individuals up to 19 years, including secondary school catch-up vaccines.

First and third Friday of the month, 9am to 12pm Cost: Free W: salisbury.sa.gov.au/immunisation

#### **Sound Healing Meditation**



Experience crystal singing bowls and Tibetan bowls in a relaxing session. Bring your own mat, cushion and water.

Last Tuesday of the month, 12.30pm to 1.30pm Cost: Free P: 0420 727 440 (Susan)

#### **Fitness Class**

Friendly and gentle exercise for all abilities led by a personal trainer.

Thursdays, 9.30am to 11am Cost: Free

## Digital

## **Basic Tech Support**

One-on-one tech support — bring your own device.

Mondays, 2pm to 2.45pm Cost: Free W: TechHelpAtParaHills.eventbrite. com.au

### **Robot Builders**

Ready to level up your robotics game? Join us to build, code, and race real robots! Learn real-world skills in coding, engineering, and problem-solving all while having fun.

Fridays, 3.45pm to 5pm (commencing 1 August for 4 weeks) Cost: \$10 Age: 8 to 16 years W: RobotBuildersParaHillsTerm3. eventbrite.com.au

## General

## Tax Help

Get help with your tax return from a Tax Help Volunteer.

Cost: Free P: 8406 8530 Bookings essential

### **Neighbours Meet and Greet**

Meet other locals, share tips and learn about the community over light refreshments.

Third Thursday of the month, 10.30am to 11.30am Cost: Free

## July to September 2025

City of

Salisbury

# Language and literacy

### **Creative Writing Group**



Share stories and ideas in a friendly writing group.

Wednesdays, 12.30pm to 2.30pm (during school term) Cost: \$5 per class

#### **Adult Literacy Classes**

Small group sessions supporting basic literacy and numeracy.

Fridays, 12.30pm to 2.30pm (during school term) Cost: Free P: 8406 8482

### Let's Talk Books

Monthly relaxed and informal book discussion group.

First Thursday of the month, 3.30pm to 4.30pm Cost: Free

## For more information, contact us

- $\ensuremath{\mathbb{Q}}$  22 Wilkinson Road, Para Hills
- & 8406 8560
- ☑ enquiriesphch@salisbury.sa.gov.au
- salisbury.sa.gov.au/libraries
- @salisburylibraryservice