

Children, youth and family

Zentangle Workshop



The Zentangle® Method is an easy to learn art form. It is a fun, simple and relaxing way to mindfully draw structured patterns to create beautiful art. The Zentangle Method helps to reduce stress, increase a sense of self-confidence and a sense of wellbeing. If you can write your name you can learn to tangle!

Wednesday April 30 1pm to 2.30pm

Cost: \$5 per person

Bookings essential

W: [ZentangleWorkshopPHCH.eventbrite.com.au](https://www.eventbrite.com.au/#!/organization/ZentangleWorkshopPHCH)

Saturday Session

Join children's author and environmentalist Shane Meyer as he shares his book and create a bee hotel. While you're here pot a plant which attracts bees to your garden, create a butterfly bookmark or origami caterpillar at the craft table.

Saturday 17 May 10.30am

Bookings required

W: [AllAboutBees-ParaHillsLibrary.eventbrite.com.au](https://www.eventbrite.com.au/#!/organization/AllAboutBees-ParaHillsLibrary)

Giggle Time

Parents or carers can have fun building early literacy skills through sharing books, songs and rhymes. All sessions run during school term only.

Thursdays, 10am to 10:45am
(during school term)

Cost: Free

Age: 0 to 2 years

Story Time

Story Time is a great activity to engage your child in reading. It allows children to hear rhymes, stories and language, and broaden their creativity and imagination.

Fridays, 10am to 10:45 (during school term)

Cost: Free

Age: 3 to 5 years

Nature Play

Drop by the Community Garden for some self-guided nature-based play activities or simply grab a book and relax in a beautiful environment!

Thursdays 10am to 12pm
(during school term)

After School Catchup

Drop in after school for a fun afternoon of Lego, colouring, jigsaws, dominoes and more.

Wednesdays 3.30pm to 4.30pm
(during school term)

Cost: Free

Age: 6 to 12 years

Immunisation Clinic



The City of Salisbury provides a free immunisation service for eligible people up to 19 years of age and catch-up immunisations for secondary school students. This service is administered by Health and Immunisation Management Services (HAIMS). Bring your immunisation record and Medicare card.

First and third Friday of the month,
9am to 12pm

No bookings required

P: 8152 0363

E: admin@haims.com.au

W: salisbury.sa.gov.au/immunisation

Library of Things

Tired of purchasing new toys or want to try a toy before you buy? Check out our toy collection and speak to staff for more information.

Clay's Cool

Join Belinda from Clay's Cool for an hour of creativity and pottery fun creating your very own clay animal using Terracotta clay.

3 June 3.45pm to 4.45pm

Cost: \$5

Age: 5 to 10 years

W: [Clayscoolatparahills.eventbrite.com.au](https://www.eventbrite.com.au/#!/organization/Clayscoolatparahills)

Language and literacy

Writing Group



Bring your creative juices along to this small social group and create your own stories. Members of the group share ideas, write stories and have even had some published. Everyone welcome.

Wednesdays 12:30pm to 2:30pm
(during school term)
Cost: \$5 per class

Adult Literacy Classes

Join a small group for support with basic numeracy and literacy skills.

Fridays 12.30pm to 2.30pm
(during school term)
P: 8406 8482
Cost: Free
Bookings required

Let's Talk Books

If you love books and talking about them, join our 'Let's Talk Books' relaxed and informal discussion group.

First Thursday of the month,
3.30pm to 4.30pm
P: 8406 8530
Cost: Free

Digital literacy

Basic Tech Support

Bring your personal device for basic operating tips.

Mondays 2pm to 2.45pm
Cost: Free
Bookings required
W: salisbury.sa.gov.au/digitalliteracy

Mario Kart Take Over Para Hills

Come join us for a fun-filled afternoon of racing and friendly competition at Para Hills Library. Rev up your engines and get ready to show off your Mario Kart skills on our real-world track!

Wednesday 4 June, 3pm to 5pm
Cost: Free
Ages: 7 to 12 years
W: [MarioKartatparahills.eventbrite.com.au](https://www.eventbrite.com.au)

Stop Motion Makers

Bring your stories to life in this exciting stop motion animation workshop series! Kids will learn how to create their own animated movies, from crafting characters and setting up scenes to capturing frames and adding sound.

Mondays, commencing 12 May for 4 weeks, 3.45pm to 5.00pm
Cost: \$20 for 4 weeks.
Age: 7 to 13 years
W: [Stopmotionatparahills.eventbrite.com.au](https://www.eventbrite.com.au)

Health and wellbeing

Fitness Class



Looking to get a bit more active, then join our friendly gentle exercise group. Delivered by a qualified personal trainer. All abilities welcome.

Thursdays 9.30am to 11.00am
Cost: free

Sound Healing Meditation



Immerse yourself into the beautiful sounds of crystal singing bowls and full moon Tibetan bowls blended with soothing background music. Join us for a rejuvenating sound healing meditation session.

The last Tuesday of the month,
1:30pm to 2:30pm
To avoid disruptions to the meditation no late arrivals will be permitted. Seating provided but feel free to bring your own yoga mat, cushion, and water bottle.
Contact Susan
P: 0420 727 440

Art and craft

Spinning

A social group engaging in an old tradition spinning yarn from raw fibres. While not a teaching group, you will develop new skills of an old traditional craft.

Mondays 1.15pm to 3.15pm

(during school term)

Cost: \$5 per class

Paper Crafts and Card Making



Get crafty and meet up with other likeminded people in a welcoming social group setting. All welcome, no experience necessary.

Wednesdays 12pm to 3pm

(during school term)

Cost: \$5 per class

Quilting

Join a social group of quilting enthusiasts. All welcome. While not a teaching group, you will learn new things from others to get you on your quilting journey.

Fridays 9am to 2pm

(during school term)

Cost: \$5 per class

Smocking

Join a welcoming social group of smocking creators. If you like to smock and want to share your interest with others, then this is the group for you.

Thursdays 9am to 1pm

Cost: \$5 per class

Nature programs

Para Hills Community Garden



The Community Garden is for everyone to enjoy, access through the rear of the library.

Monday to Friday 9am to 5pm

Cost: Free

Enquiries 8406 8565

Grow It Local



Want to find out more about gardening and engage with local gardeners in your community? Then sign up for Grow It Local! A free national program supporting people to grow, share and eat more locally grown foods. (Supported by Green Adelaide)

W: salisbury.sa.gov.au/growitlocal

Neighbours Meet and Greet

Come along to a neighbours meet and greet where you can meet others, find out about what's happening in the area. If you love the sound of this but can't make it to a centre, contact us to arrange a Neighbours Meet and Greet on your street.

**Third Thursday of the month,
10.30am to 11.30am**

For more information, contact us

📍 22 Wilkinson Road, Para Hills

☎ 8406 8560

✉ enquiriesphch@salisbury.sa.gov.au

🌐 salisbury.sa.gov.au/libraries

📱 @salisburylibraryservice