

Adult Community Education Programs

Courses commence February 2024 and are available across various locations within the City of Salisbury. Bookings are essential.

Short (non-accredited) Courses

Our 10-week non-accredited courses will encourage you to explore various learning and work opportunities through the following areas of interest:

- Intro to Beauty Services Industry (creche available)
- Baking and cooking skills
- Intro to the Retail Industry
- Laptop Skills (creche available)
- Communication Skills for Work and Study (creche available)
- Reading and Numeracy (Creche available)
- Starting your own Small Business
- Intro to Podcasting
- I Want to Work (Creche available)

Accredited Courses (commencing February 2024)

Practical learning components along with a taster of online learning in a fully supported environment. Accredited unit of competency for the below courses is delivered and assessed by Interskills (RTO 6653).

- Commercial Kitchen Practices (creche available)
- Pathway to the Horticultural Industry
- Pathway to Children's Services Industry (creche available)



COST: Free (fully funded by the Department of Education to eligible participants).

Creche (child minding) available

For more information and enrolment details:

T: 8406 8482

E: ace@morella.org.au

Pizza Day at Morella

Taste the delicious pizzas and other treats made by the team working in the outdoor cultural kitchen. Have a look at the kitchen, talk to the team and enjoy a coffee and feed.

Tuesdays fortnightly, commencing 27 February to 5 December, from 11am

Social Activities

Community Cooking and Connections

Taking place in our Outdoor Cultural Kitchen, this activity provides a unique space to promote learning and connections through the sharing of food and conversation using a tandoor oven, pizza oven and charcoal grill.

First Tuesday of the month (commencing 6 February), 9.30am

Blokes Brunch

An inclusive brunch session for men of all ages and cultural backgrounds.

Tuesdays, 2nd and 4th Tuesday of the month (commencing 13 February), 10am to 11.30am

Community Lunches

Everyone welcome, bring a plate of food to share.

Thursdays, fortnightly (commencing 8 February), 12pm

COST: FREE, no bookings required.

Social Activities

Women's Social Group

These sessions will offer an opportunity to meet other local community members and learn how to do something new. As part of the group we will encourage and support attendees to share a skill or hobby they enjoy undertaking.

Mondays (during school term) commencing 5 February, 12pm to 2pm

FREE Community Workshops

A series of free community workshop focusing on Gardening and Sustainability.

ALL FROM: 11am to 1pm

- Budget cooking - Wednesday 7 February
- Start your own Patch - Tuesday 13 February
- Gardening on a Budget - Thursday 22 February
- Composting is a Revolutionary Act - Tuesday 27 February
- No Dig Gardening - Tuesday 5 March
- All About Wicking Beds - Tuesday 12 March
- Bee Wax Wrap - Thursday 21 March
- Gardening with Native Plants to Attract Native Butterflies - Tuesday 26 March
- Zero Food Waste - Tuesday 2 April

Bookings essential:

E: communityconnections@morella.org.au

Friends of the Garden

General gardening activities, native plants and garden craft.

Thursdays, 9.30am to 11.30am

COST: \$2 per session

Social English

Pre beginner and Beginner level.

Thursdays commencing 9 February, 9.30am to 11.30am

E: communityconnections@morella.org.au

Health, Wellbeing and Fitness

Gentle Exercise

Tuesdays, 9.30am to 10.30am

Thursdays, 9.30am to 10.30am

COST: \$5 per class

Heart Foundation Walking Group

Wednesdays, 9am to 10am

COST: FREE



Intercultural Women's Physical and Wellbeing Program

Strength for Life, is a popular way for older South Australians aged 50+ (40+ for Aboriginal or Torres Strait Islanders or from a refugee background) to keep active, maintain their physical and mental well-being and make friends in a supportive and fun environment.

Sessions will include morning/afternoon tea.

Thursdays commencing 8 February, 11am to 12pm

Morella's 40th Birthday Celebrations

This year we turn 40 and want to celebrate! More info on events will be posted on our social media.

Contact us

A: 90 Kings Road, Parafield Gardens

T: 8406 8484 **E:** reception@morella.org.au

f /morellacommunitycentre