

Health and Wellbeing

Informal Singing Group

Run by and for LGBTQIA+ and disabled community members. If you like to sing or want a supportive place to talk with like-minded people we'd love to meet you, either in person or via zoom.

Second and fourth Friday of the month, 2pm to 3pm

AGE: 25+ years

COST: Gold coin donation

For more information:

www.facebook.com/groups/lgbtqisinging/



Dance SA

Classes available for ages 18 months and above. Bookings essential.

For more information:

T: 0408 988 483

Yoga

Bookings essential.

Mondays, 9.15am to 10.30am

Saturdays, 9.15am to 10.30am

COST: \$8 per class



World Taekwondo

Classes for children and adults.

Mondays, 6pm to 7.30pm

Bookings essential.

T: 0431 051 690

Para District Weight Watchers

Bookings essential.

Wednesdays, 9am to 11am

T: 8359 4645

Bhutanese Gardening Group

A group for those wanting to share a love of gardening and casual conversation.

Wednesdays, 10am to 1pm

E: enquiriessenc@salisbury.sa.gov.au

Art and Craft

Quilting

Mondays, 9am to 12pm

COST: Gold coin donation

General Crafts

Thursdays, 10am to 12 noon

Fridays, 9.30am to 12 noon

COST: Gold coin donation

Close to My Heart Scrapbook/Card Making Workshops

First and third Wednesday of the month, 11am to 1pm

First Friday of the monthly, 7pm to 10pm

T: 0407 390 099

Machine Embroidery

Tuesdays, 9am to 12 noon

COST: Gold coin donation

The Salisbury Art Society

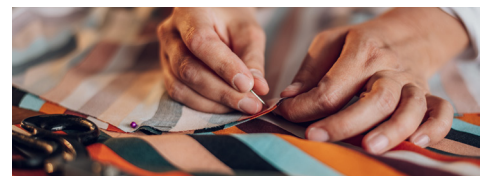
Free your inner artist! Bring your paintbrushes along and meet some new friends.

Tuesdays, 7pm to 10pm

Wednesdays, 9.30am to 12 noon

COST: \$5

T: 0459 904 952



Contact us

A: 28 Smith Rd, Salisbury East

E: enquiriessenc@salisbury.sa.gov.au

Community Program

Conversation Café

Are you new to Salisbury East or keen to connect with neighbours and make new friends? Come along to our Conversation Cafe and meet the team.

Catch ups will be hosted regularly. To find out when the next one is in your area call in, phone, email or check out our website and socials.

**Tuesday 30 April,
9.30am to 11.30am**

**Tuesday 18 June,
2pm to 4pm**

AGE: All ages

COST: FREE



My Aged Care Information Session

Do you have questions about *My Aged Care*?

The aim of this drop in session is to provide the community with a better understanding of MyAgedCare and how to best navigate through it.

Monday 13 May, 9am to 12pm

AGE: All ages

COST: FREE



GAME MAKERS EXPRESS

Mondays, commencing 6 May for 4 weeks
(closed public holiday 11 June)

3.45pm to 5pm

AGE: Suitable for eight to 14 years.

COST: \$20 for 4 weeks.

Bookings essential.

Digital Literacy

Game Makers Express

In 2024, video games are one of the largest entertainment industries and in this program, participants will explore how to make their own! In this 4 week express course, participants will draw on classic game styles to create and code several different game genres.

No special experience needed, you will be guided every step with the basics and beyond. At the end of the 4 weeks you'll have your own games to challenge your friends and family to play too!

Mondays commencing 6 May for 4 weeks, 3.45pm to 5pm

COST: \$20 for 4 weeks

Bookings essential.

Contact us

A: 28 Smith Rd, Salisbury East

T: 8285 2055 **E:** salisburyeastcentre@gmail.com/

f /salisburyeastneighbourhoodcentre