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Summer is in the air and a year during which we experienced both triumphs and challenges is drawing rapidly to a close.

This December 2020 edition of Salisbury Aware is centred on showcasing some of the people that help our city to thrive – from schools, to local police, to inspirational community members of all ages and backgrounds.

It is particularly important we continue to connect and are there for one another, particularly on the back of the tough year many of us have experienced, with the onset of the COVID-19 pandemic and associated restrictions.



Mayor Gillian Aldridge OAM

Providing for all parts of our community is vital and this edition also explores measures aimed at doing just that, such as our Reconciliation Action Plan and new strategies to take care of the senior members of our community.

We also flag some of our upcoming events for 2021 including Australia Day, Salisbury Fringe Carnival and International Women’s Day, all of which will be carried out safely and in line with any restrictions surrounding COVID-19.

I hope you enjoy reading the stories within this edition of Aware, and wish you a very happy festive season and 2021 surrounded by family and friends old and new.



SALISBURY AWARE

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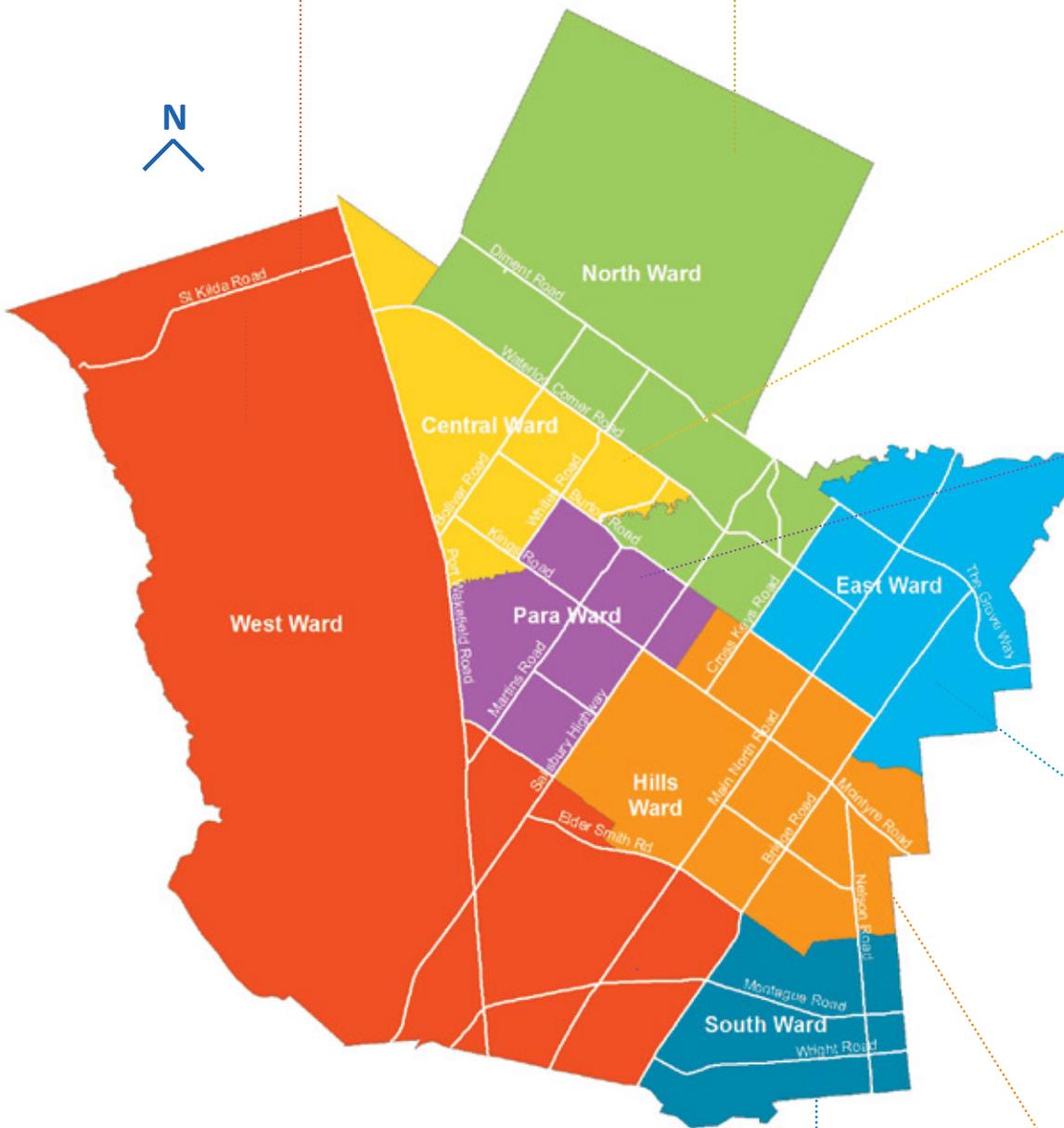
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WORDS Heather Kennett

# INCLUSION MATTERS

## - FOR PEOPLE OF ALL ABILITIES

**A passion for being behind the wheel of trucks was the driving force for Jarrod Hodges' new job.**

Jarrold, 19, who has Autism, says he developed his love of heavy vehicles when he was a boy.

"My pop was a truck driver and when I was very little, he took me into one of the trucks that he owned," recalls Jarrold.

"He put me in the driving seat, I hung onto the wheel and my nan took a photo.

"I thought that photo looked so much fun and cool that it started from there."

Jarrold was employed as a removalist offsider by Chess Removals in September, after being placed by Maxima, which has recently opened a new office in Parabanks Shopping Centre, and South Australian recruitment company Career Boss.

Jarrold says his new job is "bloody brilliant". "The people are all nice and friendly and I love driving a truck and doing deliveries," he says.

"Truck driving is my passion."

Jarrold says he was so determined to work with trucks that he paid for his own training to obtain a MR (medium rigid) truck licence prior to seeking work.

"I believe I got the job because I was very confident in my interview and showed them I was very eager to work," he says.

"I also showed initiative to get that licence myself."



Jarrold Hodges is working in a job he is passionate about.

He says his disability "doesn't really affect" his ability to fulfil his job responsibilities, as his skills are well-matched to his role and his employer is supportive and understanding.

"They know me and my disability and that sometimes it might take me a little while to understand some things, but they are aware of this and we work around it," he says.

Jarrold feels lucky and grateful to have a job.

"It's a pretty amazing thing watching that money come into the bank account," he says.

Maxima's Sheniah Richardson says she was immediately impressed by his motivation and focus.

"Linking him with Career Boss was the best solution as Jarrold enjoys repetitive work and

had a large degree of energy, enthusiasm and initiative," the Business Development Consultant says.

"Being a visual learner, and the employer having an awareness of his condition, meant he could pick up the job in the way that best suited him."

Sheniah says people with disabilities should not give up hope they can gain employment and encouraged business owners to consider employing these workers.

"Feedback from businesses who have employed people with a disability indicate these staff typically have higher staff retention rates, better attendance and fewer work health and safety incidents," Sheniah says.

WORDS Erica Visser

# CELEBRATING

## A NEW CHAPTER

**A number of our events could not go ahead as planned in 2020 due to the uncertainty and restrictions surrounding COVID-19.**

Luckily in 2021, we plan to make up for lost time by coming together to celebrate a range of occasions.

As always, the safety of our community is our priority and Council will have all appropriate measures in place to reduce any risk and to ensure Council is complying with State Government and SA Health guidelines.

This includes through the enforcing of COVID Safe Plans and COVID Management Plans, the ticketing of all events (including free events) to cover contact tracing requirements,

ensuring of social distancing and appropriate encouragement of hygiene measures.

Mayor Gillian Aldridge OAM said she was looking forward to resuming face-to-face events in 2021.

“In 2020 Council acted quickly to move many of our popular events and programs to virtual formats – from the Vietnam Veterans’ Day ceremony which was streamed online, to the expansion of our online learning programs for children,” Mayor Aldridge said.

“We also created new ways for you to get out and about, including with the Discover Salisbury Challenge which promotes visitation to some of our fabulous sites from the wetlands trails to local parks, walking and bike trails.

“We hope to once again hold events in a more traditional format in 2021, starting with our annual Australia Day event on January 26, and I look forward to seeing you all in person.”

While more details will be available at a later date, be sure to save the date for the below upcoming events!

### School holiday program

Libraries and community centres will once again host a program of free and low cost school holiday activities for children of all ages.

**A huge range of activities will be available, including:**

- Movies at Mawson
- Arts and crafts
- Active play
- Magic workshops
- STEM (Science, Technology, Engineering and Maths) themed days, cooking classes and much more

More information and bookings can be found at: [www.salisbury.sa.gov.au/shp](http://www.salisbury.sa.gov.au/shp)

All events require bookings to ensure Council is able to monitor numbers of attendance in line with COVID-19 social distancing protocols.



### Saturday Sessions in the Plaza

**The Salisbury Civic Plaza/Inparrinthe Kumangka in Salisbury’s City Centre is a perfect place to come together and enjoy sunny weather.**

Watch out for the return of Saturday Sessions in the Plaza in 2021, where a myriad of activities are held every Saturday, from giant board games, to table tennis, fun activities, competitions and movies on the big outdoor screen.

**CITY OF SALISBURY**

**26**  
January

**8am to 11am**  
Salisbury Community Hub  
and Salisbury Civic Plaza/  
Inparrintheta Kumangka

**AUSTRALIA DAY**  
*Breakfast*

Features: Free family fun including an animal farm, mini golf, novelty games, music, Citizen of the Year Awards and a Citizenship Ceremony.

**26 to 27**  
February

**SALISBURY FRINGE**  
**CARNIVAL**

Salisbury Community Hub

Features: Local bands, amusement rides, carnival food, street performers.



**International Women's Day**

**11**  
March

**7pm to 9pm | Salisbury Community Hub**

Features: Ticketed cocktail evening featuring Adelady and guest speakers from the RAAF's Women in Defence.

WORDS Heather Kennett

# COMMUNITY REFLECTION

This year has presented a range of challenges none of us could have possibly considered at its outset and created unprecedented upheaval in the lives of those in our community.



Monu Chamlagai



Norm Waldowski

**Representatives from some of Salisbury's community, business and sporting groups tell us in their own words how COVID-19 impacted on their activities this year and why they are feeling positive about 2021.**

**Monu Chamlagai, Community Leader and 2020 City of Salisbury Young Citizen of the Year:**

COVID-19 impacted young people differently. Some experienced disturbances in regards to their education, some lost their jobs and many experienced both. Young people are interested in socialising and going out and they weren't able to do this during lockdown. It creates a lack of connection. This has meant young people's mental health is at stake and it probably made it worst for those already experiencing challenges.

While there are many negative impacts of the

pandemic, it is amazing to see innovations. Technology has been able to bring us together more than ever. I feel like we have learnt to be grateful for things we have always taken for granted.

Young people are worried about COVID-19 but they are more worried about the impacts of it on employment, mental health and their planet. They care for those who are experiencing violence at home, experiencing homelessness and people in refugee camps.

We as young people should approach these challenging times with hope and courage. We should learn the lessons from this pandemic and always make sure we take care of each other. Have our voices heard. Join a community and start volunteering. Become an active citizen and become a leader. We are the stars of the future and we exist now.

**Norm Waldowski, President, Rotary Club of Salisbury:**

The COVID-19 impact on the Rotary Club of Salisbury was significant. Our membership meetings shifted to (video conferencing tool) Zoom and we had the fun of our older and younger members working together to make it work. The club remaining connected through a stressful time was so important. Our team helped members source critical supplies (including toilet paper!), when our older vulnerable members stayed home. A highlight was running one breakfast meeting on Zoom with more than 300 attendees.

With a two-month closure of our major fundraiser, our Allsorts Shop at Parafield Airport, and a significant reduction in fundraising barbeques, we thought we would have to reduce projects. However, we are pleased the community supported us strongly since reopening, nearly recovering all lost income. Our commitment to our community service during the COVID-19 period has stayed strong, with support for the domestic violence project and donations to our long-term overseas projects (in Cambodia, Sudan and Fiji) strong.

While some of our youth leadership projects have been deferred until 2021 and our partnership with Lions in the Salisbury North Family Fun Day cancelled, the Northern Business Breakfast, our major business support initiative, will hopefully be back soon.

2021 will also see the club advance a number of bigger projects, as we celebrate 100 years of Rotary Service in Australia.

**Yamna Chahoud, Maranello Café Owner, John St, Salisbury:**

When we had to close the dining part of our restaurant, myself and my husband worked



Yamna Chahoud

fulltime staying open for takeaway and deliveries. It was hard work trying to push through and make ends meet, doing the best we could.

The positive part is my dining customers responded really well, deliveries went up and while it didn't cover the losses, it supported us and showed us our community appreciated us, which was very rewarding.

One day I arrived at work to see Signarama had made up signs for us unexpectedly, saying we were open for pickup and delivery. This is the good coming through. I also had a customer come in to say they wanted to pay for coffee for essential workers, they gave me \$100 and so I matched it.

The Salisbury community has been amazing, people understood, and everyone was really supportive.

This Christmas I encourage people to use local services. Local businesses employ local people, the money stays in the community and everybody benefits.

With COVID-19, I don't know what the future holds, but I'll keep doing my best and produce the best food I can for as long as I can, with the support of the community.

**David Waylen, Executive Officer, Salisbury Business Association:**

2020. Wow. Not what anyone expected.

It created uncertainty, saw our beloved community events cancelled, and impacted



David Waylen

people's social, schooling and sporting lives.

However, we also saw positive outcomes, which will hopefully sustain us over the coming months. We've seen ingenuity, community spirit, creativity such as ANZAC Day at the end of your driveway, compassion to help those most affected, great resilience and more.

Despite unprecedented times, all levels of government moved swiftly, removed red tape to provide a range of practical supports for the community and businesses sectors. Local assistance from the City of Salisbury, including rate deferrals, a zero per cent rate increase, increased free access to support services through the Polaris Centre and the launch of the #ShopSalisbury Campaign benefitted customers and local businesses.

Small business can be tough, but our traders are resilient. They adapted, they made the most of opportunities presented and continued to deliver great customer service.

In the lead up to Christmas, I encourage you to spend time with family and friends and remember what is truly important to us. Let's buy local to support more local jobs, local sponsorships and local investment, take the family to dinner at a local hotel or restaurant and thank those who helped us throughout the year.

Here's to farewelling 2020 and getting ready to welcome in 2021, which we hope will be an amazing year for everyone.



Rob Bosco

**Rob Bosco, Coaching Coordinator, Para Hills United Soccer Club:**

As a club we were near the end of pre-season, playing trial games, when the initial lock down occurred. Trying to remain in contact with parents and players to keep them motivated and engaged was extremely difficult. We used remote video conferencing for committee meetings. When restrictions began to relax, the planning that went into the initial training sessions stretched our already overworked volunteers.

A reduction in fees because of the reduced season, as well as not being able to cater for as many parents and players at the canteen on game day, has led to a downturn in income. We have appreciated all the support from families and supporters at the canteen. Coaches and volunteers have also been amazing dealing with changes through the season, keeping communication lines open with families.

The club is thankful that Council and the State Government's Office for Sport and Recreation supported the club when applying for grants to help with equipment for players.

We are looking forward to players re-registering for 2021 and open to welcoming new and interested players. We are looking to increase development squad numbers in our three to five-year-old age group. We are hoping the City of Salisbury enacting the Paddocks Master Plan will enable us to step into new clubrooms next season to have more space to cater for more people on game day.



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WORDS Heather Kennett

# VETERAN'S

## SERVICE NEVER FORGOTTEN

Although it has been more than 50 years since Army veteran Rex Warren served in the Vietnam War, memories of his service are never far away.

"I think about it a lot," the Pooraka Farm resident, 83, says.

"Yes, I have strong memories, it affects you." Rex was in his early twenties when he first landed in South Vietnam in 1965, serving as a Trooper with 1 Troop 4th/19th Prince of Wales' Light Horse Regiment, where it was attached to 1 RAR operating out of Bien Hoa airstrip.

"Our role involved working in Armed Personnel Carriers, carrying infantry and holding the line as part of fire support bases," he recalls.

Rex undertook a further two tours during his nine years in the Army, which included during the Battle of Coral-Balmoral and Long Tan – among the largest battles Australian forces participated in during their decade-long involvement in Vietnam.

"Yes I saw close action, some of us were lucky, some weren't," he says.

Rex was awarded three citations, the Unit Citation for Bravery against the North Vietnamese, the United States Army Meritorious Unit Commendation and the Republic of Vietnam Cross of Gallantry with Palm Unit citation.

In recognition of his distinguished service, he placed a wreath at a ceremony to commemorate Vietnam Veterans Day, which is also the anniversary of the Battle of Long Tan, at Montague Farm Estate in August.



Army veteran Rex Warren at this year's Vietnam Veterans Day Ceremony.



After leaving the armed forces, the grandfather of one settled at Pooraka Farm, having spent his early years and completing his schooling at Norwood.

His neighbourhood has undergone significant changes since he and his wife first moved to the area, he says.

"The population has really gone ahead down here," he says.

"We didn't have many neighbours to start with and certainly it's a lot more multicultural these days."

The City of Salisbury hosts a commemorative event at Pooraka each year to honour the Australian servicemen and women deployed during the Vietnam War.

This year, special guests also included His Excellency the Honourable Hieu Van Le, Governor of South Australia, City of Salisbury Mayor Gillian Aldridge OAM and several students from Mawson Lakes School.

Almost 60,000 Australians served in Vietnam from 1962 until 1975, with 521 losing their lives and more than 3,000 wounded.

The City of Salisbury event's location is significant, as Montague Farm Estate is dedicated to all Australians who served in the Vietnam War. Fifty-nine South Australian personnel died during the conflict, and the streets and parks around the Estate are named in their honour.

WORDS Erica Visser

# TAKING THE NEXT STEPS

**Thirty years ago, Kurna Elder Frank Wanganeen began learning the oral language of his ancestors using written records produced by members of a German missionary.**

Today, it is his life's passion to share the Kurna language with younger people to ensure it is preserved for generations to come.

"I sing to my little grandchild, she goes to kindy, and the kids particularly at that age learn the language so easily and they go back home and they teach their parents the Niina Marni song," Frank said.

"The legacy we want to leave behind is imparting that language."

Frank, who grew up predominantly in Ingle Farm and has spent most of his life in Adelaide, said that mastering the traditional language was an ongoing quest.

"I do a lot of Welcome to Country ceremonies and I really enjoy doing these because I get to use my language, if you don't use it you lose it."

Frank, Chair of the Reconciliation Action Plan Working Group, said it was important that Aboriginal culture be recognised through strategies including Council's newly-launched 2019-2021 Reconciliation Action Plan (RAP).

"I'm really proud to be involved, seeing the wonderful work Salisbury Council has done, such as the public artwork around the place

is a great way to highlight culture and bring awareness to the people about the Kurna history," Frank said.

The RAP builds on the previous successes of Council's 2013-2016 plan, with a focus on strengthening relationships between Aboriginal and non-Aboriginal communities, enhancing respect and building opportunities for Aboriginal people within Salisbury.

The RAP's vision statement is to, 'Enhance recognition, relationships and respect for Aboriginal culture to enrich our inclusive community.'

Mayor Gillian Aldridge OAM said the Aboriginal and non-Aboriginal communities have been together on a journey towards reconciliation for a long time.

"The Reconciliation Action Plan is focused on turning our good intentions towards reconciliation into action by identifying actions, timelines and measurable targets for relationships, respect and opportunities," said Mayor Aldridge.

"Council is committed to working closely with key stakeholders and identified Aboriginal organisations to progress reconciliation over the coming years."

*You can view the new Reconciliation Plan and accompanying video featuring Mayor Gillian Aldridge and Frank Wanganeen here: [www.salisbury.sa.gov.au/recon](http://www.salisbury.sa.gov.au/recon).*



Kurna Elder Frank Wanganeen is passionate about the role of City of Salisbury's Reconciliation Action Plan in taking the next steps to highlight and preserve culture and build respect, as well as create opportunities for Aboriginal people.

WORDS Erica Visser

# CELEBRATING ONE YEAR OF THE HUB

**It's officially been one year since thousands of people turned out for the Salisbury Community Hub Opening weekend.**

Since then, the Hub's status as the social heart of Salisbury City Centre has only been strengthened.

From its range of learning and engagement programs for all ages, to library visits, to café users and those attending meetings and conferences, the Hub has hosted community members from all backgrounds since opening.

Between December 1, 2019 and August 31, 2020, the Hub warmly welcomed almost 185,000 people through its doors.

This figure has been achieved despite the onset of the COVID-19 pandemic earlier in 2020, which meant the Hub was only accessible for essential business for some time, in line with State Government and Council public health measures.

During the year, there were almost 3,000 participants in children's programs such as Giggletime, Storytime, Sensory Storytime, Family Phonics, Digital Tasters, school holiday sessions, movie screenings, LEGO Play and Little Bang Discovery Club.

Many also took up digital alternatives during COVID-19 restrictions such as online gaming tournaments and livestreamed story time.

Nineteen different adult programs were held with an attendance of 1319 people, including Ready to Work programs, to Tech Try Tuesdays, financial counselling and support services and more.

Mayor Gillian Aldridge OAM said that it was exciting to see community members return to the Hub, in line with the easing of restrictions.

"The community has quickly embraced the reopening of library services, programs and spaces at the Hub while being conscious of the social distancing and hygiene measures that remain in place," she said.

"We are looking forward to a big 2021 at the Hub, from big events such as our Salisbury Fringe celebrations, to learning programs for children and adults alike."



## QUICK FIGURES

Between December 1, 2019 and August 31, 2020

Number of library loans: .....	<b>106, 771</b>
Door count: .....	<b>184, 716</b>
Number of times visitors have used the public PCs: .....	<b>18,034</b>
Number of people who have joined the library: .....	<b>1,178</b>
Visits to Justice of Peace service (Note: these were at limited capacity during COVID-19): .....	<b>7528</b>
Program sessions held during celebratory events such as the opening weekend: .....	<b>603</b>



*We're here  
when you need us.*

## Feel at home at Helping Hand.

Helping Hand is proud to be part of the local Salisbury community. After all, we have over 430 staff members who live in the area, plus we provide home care services to over 2,200 people and accommodate over 270 residents. So needless to say, we're here when you need us, whether it's in your home or one of ours.

### We're here for you in Ingle Farm, Mawson Lakes and Parafield Gardens.

We're ready to welcome you to one of our residential care homes where residents have access to warm and welcoming environments while remaining in their local community. You'll get to enjoy our cafe, hair salon, health and wellbeing services and daily activities at all of our homes. It's comforting to know that our friendly and attentive staff are dedicated to making your day.



### Make the most of our Home Care Services.

At Helping Hand we understand that some people prefer living in their own home, so we'll work hand in hand with clients and their families to make sure the care they receive allows them to keep living the life they want. So, whether it's services for the home or garden, care from a nurse or even a hand with the shopping, we're always happy to help.

The community spirit has never been stronger with the recent addition of the cubby house at our Ingle Farm Residential Care Home. The Ingle Farm Auxiliary raised funds for the cubby house in memory of Donna Magor, who was a much-loved Hotel Services Team Leader at Ingle Farm and her vision was to have something for grandchildren to do when they visit.

Visit [helpinghand.org.au](http://helpinghand.org.au) or call us on **1300 653 600** for a confidential chat to find out how to access aged care services or to ask for a booklet to be sent to you.

Home care | Retirement living | Residential care



WORDS Nina Parletta & Mike Richards

# PRECIMAX PLASTICS CELEBRATES 50 YEARS

**Notching up half a century is an impressive milestone for any business, but the longevity of Green Fields-based company Precimax Plastics comes as no surprise.**

The business employs more than 35 people, many of which live in the local community, and has a proud history stemming from its initiation in 1970 by Don Gilchrist.

The toolmaker, who once worked for Rolls Royce Engines in the United Kingdom before immigrating to Salisbury from Scotland, has a strong drive, high standards and attention to detail that cemented the business as having only the best machines and people within the industry from the beginning.

The business was founded on the back of relationships and contracts with prestigious blue chip businesses such as James Hardie, HR Products, Clipsal, Electrolux Climate Technologies and Iplex.

After initially setting up on Acrylon Road, Salisbury South, Don established Precimax Plastics in an adjoining shed as a plastic injection moulding business providing regular income and work for the tool room.

In the early 1980s Precimax targeted the white goods industry for growth. After winning a major contract in 1991, Precimax moved to the existing site at Watervale Drive, Green Fields, which was purpose-built for the tooling and plastics operation.

Since this time, Precimax has been successful in growing and servicing other major manufacturers while gaining ISO 9001



Precimax is one of the largest plastics manufacturers in Adelaide.

accreditation – a quality management system recognised for best practices.

Products are now manufactured for a variety of industries including appliances, mining, recreational, industrial, water management and environmental.

While the mix of customers and work has changed over the years Precimax has maintained its strong position in the plastics industry, thanks to the initial lead of Don and his successor, Peter McCall, who bought the business when Don retired in 2008, when Peter was serving as general manager.

“With Don’s initial guidance, my long-serving loyal staff and with the help from professional mentors, the business continued to flourish,” Peter said.

Over the years Precimax has invested steadily in modern injection moulding machines, systems and people and is now home to 19 moulding machines ranging from 100 to 850 tonne capacity – making the company one of the largest plastics manufacturers in Adelaide.

Precimax is also proud to have supported young entrepreneurial businesses realise their dreams by providing assistance through the entire manufacturing process from design, tooling, moulding, assembly, testing and packaging.

Precimax has a long association with Council’s business advisory service through the Polaris Business and Innovation Centre, having been part of their mentoring programs since 2014 and received advice on Federal and State Government support.

WORDS Nina Parletta

# POORAKA FOOD AND VEG HAUL HELPS FAMILIES IN NEED

**Every day thousands of kilograms of fresh fruit and vegetables are donated to families in need by growers and wholesalers through the Pooraka-based South Australian Produce Market (SAPM).**

The produce is then distributed across Foodbank SA's extensive network, in what is a unique partnership that helped to deliver a record number of meals to those in need last financial year.

In 2019/20, a total of 1,625,000 kilograms of fresh fruit and vegetables was donated at Pooraka, equating to more than \$4.8 million,

and allowing Foodbank SA to provide in excess of 6.6 million meals across the state – an increase of 880,000 on the previous year.

More than 100 growers and wholesalers participate in the program, donating first and second grade produce either through the market or direct from the farm gate or packing shed.

Foodbank SA chief executive officer Greg Pattinson said the record result highlighted the benefits of working directly with suppliers to make the most of available resources, while responding to the increasing need in the community.

“When we started this partnership nearly a decade ago, we were only receiving 100,000 kilograms as donations per year,” Mr Pattinson said.

“To see that now hit 1.625 million kilograms annually is amazing, and has made a significant difference in the amount of support we can provide families who are struggling to put food on the table.”

Mr Pattinson said prior to working with SAPM, Foodbank SA was delivering a much greater proportion of tinned and non-perishable items.

“It is important that the families have balanced and nutritional options, given that the fruit and vegetables are an important part in the diet,” he said.

SAPM Chief Executive Officer Angelo Demasi said the organisation was “thrilled” to reach the milestone.

“We are thankful to the generous donations from the South Australian growers, wholesalers, farmers and pack sheds that generously donate to Foodbank SA through the on-site Foodbank SA facility here at Pooraka,” Mr Demasi said.



Angelo Demasi, CEO of SAPM, Max Manno of Farmhouse Fresh SA, Jeremy James, of La Mana Premier Group, Michael Scopelitis of Fresh Pick and Leigh Royans, Foodbank SA.

# BUSINESS IS BLISS IN MAWSON LAKES

“If you’re passionate, then go for it” – that’s the advice from local business owner Sophie Nash, who took over the reins at a Mawson Lakes massage therapy clinic and transformed it into her own.

Sophie was working out of the clinic as a sole trader and ready to open her own business when the opportunity to take it over arose.

“I was already building a website and all the rest to get ready to move into my own clinic, looking at Mawson Lakes or surrounding suburbs as that’s where all my clients are,” she said.

“At just the right time the owner of the business offered to sell it me so I took it. It was a real do-upper project so I got to work doing a rebrand, growing the online side of things and launching online bookings.”

In late 2018, Sophie relaunched the clinic under its new name, Blissana, and she hasn’t looked back since.

Blissana, which is located at 2/5 Goodall Parade, is home to Sophie and the three subcontractors who work for her, while she rents out one room to a sole trader.

Sophie, who also offers life coaching services, said that learning to “ride the highs and lows” that inevitably come with running a business had been her biggest challenge, particularly at the start.

She attributed a strong support system, including assistance from the Polaris Centre’s



Sophie Nash, at her Mawson Lakes business, Blissana.

Business Advisor (Digital) Mark Nemtas, with assisting her in not only learning to adapt, but to thrive.

“Working alongside Mark has been great and he has helped me with things I would otherwise have not known about,” Sophie said.

“Learning as much as I can from other business owners and leaders has also helped me greatly.

“As well as doing life coaching and becoming a business coach myself, it has allowed me to work on all areas of my life which only excels me further.

“I believe there are no business problems, only personal problems which affect the business.”

Sophie is now in the process of pursuing credentials to allow her to skill trainees in emotional therapies – including NLP (Neuro-Linguistic Programming), timeline therapy and hypnosis – and is also considering opening a second clinic in the future.

She encouraged other young people considering starting their own business to go for it.

“While business can take a lot out of you, especially in the beginning, if it is something you are passionate about then go for it,” Sophie said.

“Be sure to maintain good health, relationships and a life outside of business and create a network of people around you that you can bounce off and have the support and guidance of so you’re never alone in it.”

WORDS Erica Visser

# CONNECTING WITH SENIORS

City of Salisbury is proud of its commitment towards enhancing our status as an age-friendly city.

By 2026, it is estimated that more than three in 10 residents will be aged over 50, with an expectation this will continue to increase.

City of Salisbury is a World Health Organisation Age Friendly City and is currently in its fifth year of implementing the Age Friendly Strategic Plan.

A key element of the Plan was the establishment of a Salisbury Seniors Alliance, which aims to engage, advise and monitor Salisbury's age friendliness, while providing valuable opportunities for the voices of older people to be heard and integrated into decision making within Council.

The Salisbury Seniors Alliance currently has 10 volunteer members who meet with Council staff on a quarterly basis to discuss key issues, with some previous focuses including the development of the Salisbury Community Hub, senior's car parking, age friendly exercises options, gopher safety and environmental sustainability.

"Being a member of the Salisbury Seniors Alliance allows me to provide input from a senior's perspective into decisions that could impact on the residents of Salisbury, in particular the older generation," said Seniors Alliance member, Gavin.

"The Seniors Alliance is a diverse group that considers many items. We welcome new members, who we are sure will find the Alliance interesting and engaging."

If you are interested in joining the Salisbury Seniors Alliance, please contact Myfanwy

Mogford on 8406 8498 or [mmogford@salisbury.sa.gov.au](mailto:mmogford@salisbury.sa.gov.au).

Council is also implementing the Ability Inclusion Strategic Plan (AISP), which can be found on Council's website via [www.salisbury.sa.gov.au/abilityinclusion](http://www.salisbury.sa.gov.au/abilityinclusion). The AISP is focused on the below key principles:

- Ongoing consultation to enable people living with disability to influence Council planning and services

- Universal design principles
- Integrated planning to ensure access and inclusion is at front of mind for all
- Partnerships and collaboration to facilitate access and inclusion across the community.

Council has worked to ensure the AISP is able to be accessed by all in the community with an easy read version, Braille and MP3 formats produced.

## What does an age friendly Salisbury look like?

- Appropriate and affordable housing options
- Attractive, safe and accessible outdoor spaces and buildings
- Fosters opportunities for connection and social participation
- Regular, affordable and accessible transport options
- Timely and accessible information
- Civic participation and employment opportunities
- Engages, recognises and celebrates the valuable contribution of older people
- Appropriate and accessible services for older people



Bert and Margaret Newell at their PBA FM radio station program, which they put down to keeping them feeling young and engaged with the community.

## On-air pair still going strong

After 16 years in community radio, Bert and Margaret Newell have on-air allure down to an art when presenting their easy listening music program at PBA FM every Friday.

Perhaps it helps that the couple is equally as charming off air – their relaxed rapport a result of almost 50 years of marriage, the last forty spent living at Brahma Lodge.

Margaret and Bert met while both working in the navy and first got involved with community radio through the Vietnam Veterans Association before taking on Friday's 9am to 1pm timeslot with PBA FM 11 years ago.

"If somebody had told me years ago I'd be on radio, I wouldn't have believed them," said Margaret.

"What we enjoy is the opportunity to pass on some happiness and fun to listeners, and when we get calls from people saying

they've enjoyed the show, that's what really makes it."

Margaret said her role with the program had helped her stay active within the community, while gaining confidence in her own abilities.

"I've gained confidence as I've gotten older, but doing radio has definitely helped," she said.

"It does make you feel more secure in yourself and what you can do, and how you communicate with others."

The easy listening music show features tunes from the fifties, sixties and seventies which are hand-chosen by Bert for their ability to stir up nostalgia, and transport the listener to happy memories.

"One week I had a man call up and I could his wife crying in the background," Bert said.

"I had played a tune that they had danced to when they had first met in the United Kingdom, years and years ago. They hadn't heard it since."

Another highlight was interviewing the Seekers' double bass player and signer, Athol Guy, while the pair also uses their relationship with listeners to share important information.

As part of Men's Health Week earlier this year, Bert and Margaret featured an interview with special guest, well-known South Australian media personality Graeme Goodings, who is a bowel cancer survivor.

"A lot of men won't go to the doctor and perhaps this will give them a push to act before it's too late."

You can listen to Bert and Margaret on PBA FM 89.7 between 9am and 1pm each Friday.

# Christmas

in the

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WORDS Erica Visser

# SCHOOLS' COLOURFUL ACHIEVEMENTS

Our local schools have celebrated some highlights this year, making it fitting to celebrate by featuring just a couple of the many projects and initiatives that went on across the City in 2020.

## Students create powerful art

Whether painting on paper in the classroom or outdoors on stobie poles, the talent stemming from Year 10 art students at Thomas More College is undeniable.

Earlier this year 17 students took to the streets to transform stobie poles at Salisbury Highway as part of Council's Poles apART program.

Budding artist Annaliese King spent up to four hours on her design, featuring iconic red and white toadstools.

"I love the cottage aesthetic and I really wanted to make it my own," the Burton resident said.

"It's an awesome opportunity as only very few people get to do public art."

For fellow student Christina Blair, who aspires to be an art and music teacher, research was the key to creating the perfect pole art.

Her piece features contrasting patterns and pastel colours juxtaposed against red.

"I was looking up artists and went out and took photos to compile 27 compositions," Christina said.

"I have Greek and Italian ancestry and these are also influences in my work."



Student Annaliese King with her stobie pole artwork.

Art coordinator Paul Kralj said the students were embracing the opportunity to get out of the classroom and into a public space.

"One of our goals is fostering a strong connection to our community and what better way of doing that than art?" he said.



Ilyas, Amer, David and Imad after finishing their colour run.

"I'm interested in giving students more of a challenge than working if confined to a classroom and they've really risen to meet it."

## Community comes together to support school colour run

Splattered with colour from head to toe, the smiles on students at Parafield Gardens R-7 were undeniable after finishing their first school colour run earlier this year.

Principal Rachel McLennan said the fundraising event racked up \$28,000, which will go towards new yard equipment for the school's 690 students.

"Our goal was to raise \$20,000 and we smashed this goal in what is a great example of how our local community comes together to support our students and our school," Ms McLennan said.

She said the smiles on the student's faces "really said it all", with one commenting it was the "best day ever".



A colourful Irene, Farishta and Kylah.

If you would like your school featured in the next edition of Aware please contact us at:  
[communications@salisbury.sa.gov.au](mailto:communications@salisbury.sa.gov.au)

WORDS Heather Kennett

# TARGETED COMMUNITY **POLICING**



Operations Senior Sergeant Robert Schaedel.

**Proactively addressing local crime issues is the aim of a new community policing approach rolled out across City of Salisbury.**

The launch of District Policing Teams across metropolitan Adelaide earlier this year is also focusing on working collaboratively with key stakeholders including City of Salisbury to address crime hotspots across the region.

Under the new policing model, a team of up to 10 officers is assigned to a dedicated group of suburbs to address the underlying causes of crime, says Operations Senior Sergeant Robert Schaedel, who oversees District Policing across the Northern District.

“We are putting effort and resources into local areas to implement and strengthen a problem-solving approach to policing,” Senior Sergeant Schaedel said.

“Every suburb in the City of Salisbury is allocated to a team, with 12 teams across the Northern District (which encompasses Salisbury).

“The team of officers allocated to particular suburbs will be able to develop an understanding of the crime in their area of responsibility and it will allow them to do more than just react to issues.

“The teams will be looking at ways to proactively address crime by working with other agencies to address and prevent issues before they turn into problems,” he said.

# Fast facts

## To help prevent thieves targeting your vehicle and property, consider implementing these security tips:

- Lock your vehicle doors and close all windows.
- At night park your vehicle in a well-lit area.
- Remove all valuables from your vehicle. If you can't, then conceal them in the boot before arriving at your destination.
- Avoid leaving your property in the glove box or centre console – this is the first place thieves look.
- Record the make, model and serial number of electronic equipment, such as GPS devices, laptops and mobile phones.
- Remove registration papers from your vehicle to prevent thieves identifying your home and easily disposing of your vehicle.
- At home, don't leave your keys on the kitchen bench or where they can be easily seen by thieves. Keep them in a safe place out of view.
- Mark key tags with your phone number. Never include your name and address.
- Do not hide a spare set of keys on or in your vehicle.

If you have any information about stolen vehicles or theft from vehicles, call Crime Stoppers on:

**1800 333 000**

Snr-Sgt Scheadel, who has worked in the Northern region for most of his 33-year career at SA Police, said he enjoyed his role leading the North's teams.

"It is an opportunity to have a positive engagement with the community, so you are not just reacting to things and it allows us to actually work together with the community to provide a safe environment and positive environment in which to live," the 53 year-old said.

"It is the ability under the new model to be able to put dedicated resources to problemsolve rather than just respond." Snr-Sgt Scheadel said working collaboratively with local stakeholders, including City of Salisbury, SA Housing Authority, local traders and licensed premises' owners and managers, would enhance outcomes for the community.

"A big part of that is to have open working relationships to exchange information about areas of crime and look at what contribution we can be making to work collectively to address problems with the other stakeholders," he said.

Council and SA Police were currently working to enforce the dry zone and address issues of public order at the Salisbury Interchange as part of the new policing strategy, he said.

"We have had really good interactions with Salisbury Council, and together we've identified ongoing issues at the Salisbury Interchange and we are now looking to implement strategies to improve public safety in the area."

SA Police was also dedicated to addressing the incidence of assaults, property crimes and motor vehicle theft across the Salisbury area, he said.

The COVID-19 pandemic had placed additional demands on resources.

"However, we have maintained frontline responsibilities and maintained sufficient staffing levels to ensure public safety is assured and are receiving the same response as pre-COVID," Snr-Sgt Scheadel said.

"It has required SA Police to manage resources to also deliver COVID-19 responsibilities and balance this with the normal standard public safety responses.

"COVID-19 has required police to provide a presence at quarantine hotels, send staff from metropolitan areas to assist in the policing of border restrictions in regional areas and undertake compliance checks at people's homes and at businesses.

"Anecdotally, crime might be down a little but the demands on police to respond to the needs of the public has been similar to normal times."

Snr-Sgt Scheadel said he had spent 30 years of his career working in the northern suburbs and enjoyed working closely with the Salisbury community.

"I've always found it to be a great community to interact with and work with, I've always had strong and positive working relationship with people and I believe they are always willing to work with us to achieve good outcomes for the community," he said.

The public could also play an important role in reducing crime in the local area, he said.

"I would encourage people when they see something happening, or someone offending or a pattern of offending, to ring Crime Stoppers on 1800 333 000 or Police on 13 1444 and provide that information," Snr-Sgt Scheadel said.

Neighbourhood Watch was another useful tool to lower local crime rates.

"It is very good at engaging the community to be aware of what is happening in the local area and deepen the community's understanding of how to report information to police," he said.

"It's a good way for people to interact with police, to have a better understanding of what police are doing in this area to address public safety."

WORDS Heather Kennett

# STRENGTHENING MINDS

## Improving the mental health and wellbeing of local young people is a priority for the City of Salisbury.

Young people can face a lot of challenges.

Juggling school, home life, work and friendships can impact on their wellbeing and mental health.

Then there's COVID-19, which has turned everyone's lives upside down. Many young people have also borne the brunt of the upheaval caused by the pandemic.

Coping with stress, mental health and school or study problems were among the top

three concerns for Salisbury young people, according to the 2019 survey by Mission Australia.

In addition, about 30 per cent of respondents reported feeling extremely concerned about body image.

To address these concerns, a pilot program aimed at supporting young people's mental health and wellbeing was recently coordinated by the City of Salisbury, as part of the council's commitment to improving the lives of the region's youth.

Involving students from a local high school, the Well You(th) program was a six-week wellbeing initiative intended to increase participants' ability to manage life's challenges.

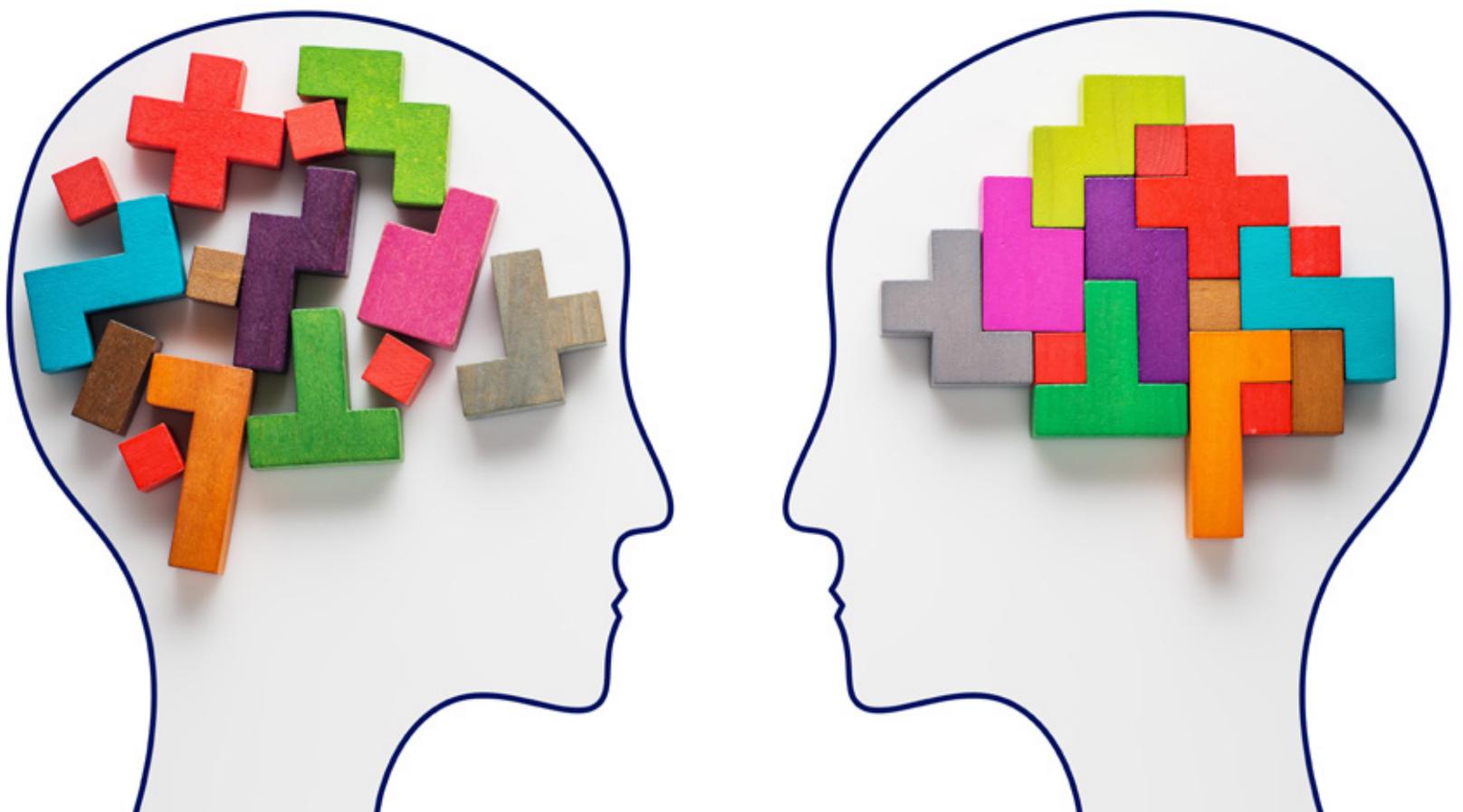
A group of Year 9 students from Salisbury East High School took part in the Council-funded program, which was held at Twelve25 Salisbury Youth Enterprise Centre.

It was offered at no cost to participants and the school.

Fourteen-year-old Jaime Cooper was one of eight participants who enjoyed the opportunity to learn more about wellbeing and resilience.

"I decided to join the Well You(th) program as it was suggested to me by a teacher as a way to help my mental state," Jaime says.

The six-part program was specifically designed for 12 to 15-year-olds and covered body image,





Jaime Cooper, well You(th) program participant.

self-esteem and goal setting, along with examining the different relationships they have with those around them.

Participants also researched self-help strategies during the course, to enable them to look after their mental health and were guided to develop ways of coping with stress and the challenges that come with school and study. It also featured boxing, mindfulness and relaxation sessions.

“The tools we learnt were focused to help my wellbeing, to help me calm down, be positive and try to be happy,” she said.

Jaime, who hopes to attend university after completing high school to study to become a nurse, said the “boxing for fun” session was really enjoyable.

“My favourite part of the program was the boxing unit,” Jaime said.

“This gave me a chance to release my anger and let loose.”

Some of the program was tough, she says.

“I did find some parts of the program challenging such as focusing on being positive.

“I’ve always had a fixed mind set and which limits my ability to be more open to this.

“However, I would certainly recommend this program to other students to help them with their mental and physical wellbeing.”

City of Salisbury Mayor, Gillian Aldridge OAM, said it was critical young people knew how to manage their mental health, to be equipped to support their peers and seek help if needed.

“The Well You(th) program evolved from young people in the community telling us they wanted more mental health and wellbeing programs and supports in the North, and as such it is a key priority in our current Strategic Youth Action Plan,” Mayor Aldridge said.

“The pilot program was a great success and so we are currently planning our next iteration of the program, which will be aimed at Year 10s, 11s and 12s who have their own challenges and needs.

“We understand many young people are struggling with the impact of COVID-19 on their day-to-day lives and the uncertainty of their future, so the City of Salisbury is keen to further support them,” she said.

Mayor Aldridge encouraged any teachers or schools interested in participating in future wellbeing programs developed by the City of Salisbury to support young people to register their interest.

If you work at a school and would like to be involved in upcoming wellbeing programs, contact Jodi Farley at: [JFarley@salisbury.sa.gov.au](mailto:JFarley@salisbury.sa.gov.au)

Council is currently seeking funding to develop a new Wellbeing and Resilience program for young people aged 15-18 years. Priority will be given to schools within the City of Salisbury Council area, however schools in neighbouring council areas are encouraged to make contact if interested.



# NORTHERN RESPITE CARE SERVICES



Northern Respite Care has a healthy ageing approach for older people living in the northern suburbs of Adelaide. **One on One** home visits, a **Friday Ladies' outing group** and a **Wednesday Men's outing group**.

**Would you like the opportunity to socialise with support?**  
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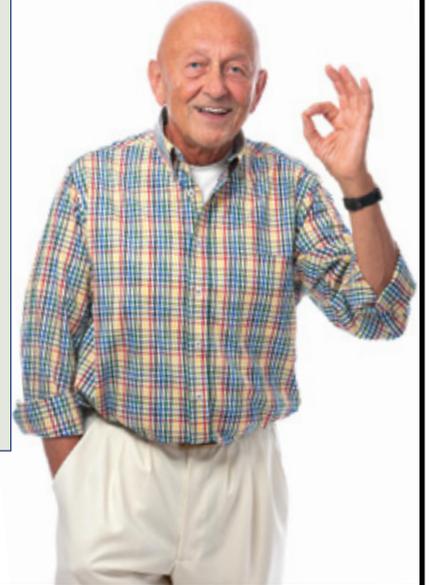


## Why Choose Northern Respite Care?

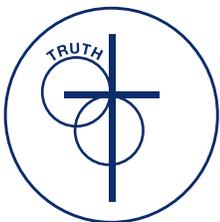
- Friendly police checked volunteers who genuinely care about your needs
- Affordable, low cost – only \$5 per outing
- We will help you maintain independence
  - No set-up or exit fees
  - A healthy ageing approach
  - Support to access Respite
  - Invitation to free Christmas events
  - Invitation to a range of social activities

Australian Government supported services – assessment and eligibility requirements apply. The Commonwealth Home Support Programme (CHSP) is designed to provide entry-level support services.

NRCS is auspiced through the Lyell McEwin Volunteers Association and is supported by The Australian Government Department of Health. Visit the department's website ([www.health.com.au](http://www.health.com.au)) for more information.



**Please change contact Michelle for a friendly chat on mobile 0411 117 323 or email [michelle.turner3@sa.gov.au](mailto:michelle.turner3@sa.gov.au)**



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# MAYOR'S CHRISTMAS COMPETITION

Some of the fabulous entries  
from the 2020 Mayor's  
Christmas Card Competition



1st PRIZE: Paige - Age 12 from Parafield Gardens



2nd PRIZE: Jenniver - Aged 9 from Paralowie



3rd PRIZE: Alexa - Aged 6 from Brahma Lodge



Lydia - Aged 8 from Parafield Gardens



Nikolina - Aged 9 from Salisbury East



Jenniver - Aged 9 from Paralowie



Bridget - Aged 6 from Parafield Gardens

WORDS Jennifer Sothman & Jessie Hyslop

# PLAYSPACE UPDATES



## Prettejohn Gully Reserve, Para Hills

The play space at Prettejohn Gully Reserve has had a fix up with new play equipment including a multi play unit, activity box, musical equipment, talking tubes, carousel, two-person springer, sandpit and swings. Come and relax under the new shelter which features a picnic setting. Wheelchair access to the colourful play space is available from the Para Hills Community Hub carpark.



## Desyllas Drive Reserve, Direk

The upgrade to the Desyllas Drive Reserve included the installation of a new multiplay unit, swing set, shade structure, seating and a half court.



## Allen Green, Para Hills West

The reserve at Allen Green has undergone an upgrade. There's new playground equipment you can check out with the kids and a picnic setting with shelter if you're staying for lunch. Plus some new paths, grass seed and irrigation have also been installed.



## Patterson Court Reserve, Paralowie

The existing playspace at Patterson Court Reserve was upgraded to become an inclusive playspace. A new shelter with picnic setting was installed, as well as rubber soft-fall around the new play equipment and painting of the existing play equipment. The area was then topped off with plants and irrigation.



## Bush Park, Pooraka

The playspace upgrade at Bush Park, included the installation of new multiplay units, pod swings, see saws, shade structures and seating.



## Settlers Park, Paralowie

The playspace at Settlers Park has undergone an upgrade that includes the installation of a swing set, multiplay rope unit, musical set and sensory spinning seat.



## Makin Reserve, Ingle Farm

At Makin Reserve you will find a new playspace upgrade with new equipment including multiplay units, pod swings, see saws, shade structures and seating.

## Maxima is now open at Parabanks Shopping Centre in Salisbury.

Maxima provides specialist support and assistance to anyone living with a disability, injury or health condition to help them prepare for, find and maintain employment. We are here for jobseekers and employers. If you are looking for work, or new staff - your local Maxima team is here to help.

Take the next step today! Drop in for a chat at our new Salisbury Office at Shop 26D, Parabanks Shopping Centre - or give us a call on 1300 629 462.



maxima.com.au  
1300 629 462



maxima  
JOBLINK



It is the season to celebrate and we'll be open over the Christmas period (except for Christmas Day). Here are two takeaway special offers to help you celebrate and enjoy the season, "Buon Natale!"



### PIZZA DEAL\*

BUY ANY 2 MAIN PASTA DISHES & GET A 10" PIZZA **FREE**

\*Present coupon to redeem offer. Not valid with any other promotion. Only at Fasta Pasta Salisbury until 31/1/21. ^Takeaway only

### FAMILY DEAL\*

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+ 3 SLICE GARLIC BREAD  
+ 1.25L COCA-COLA  
**\$50**

\*Present coupon to redeem offer. Not valid with any other promotion. Only at Fasta Pasta Salisbury until 31/1/21. ^Takeaway only

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## Join us in Commemorating the Air Force's Centenary in 2021



During 2021, RAAF Base Edinburgh will join with the City of Salisbury to commemorate the Air Force Centenary and South Australia's proud contribution to the Air Force over the last 100 years.

Look out for forthcoming events and activities in 2021 where you can join us in commemorating our Centenary.

### Then. Now. Always.

For more information on the Centenary and events visit the AF2021 website: [www.airforce.gov.au/100](http://www.airforce.gov.au/100) or [www.salisbury.sa.gov.au](http://www.salisbury.sa.gov.au)



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## ARE YOU FIRE DANGER SEASON READY?

### PREPARE:

Before 1 December:

- Cut grass and weeds down to 10cm
- Remove branches and litter
- Store wood away from home and undercover
- Clear gutters from debris

### MAINTAIN:

During the Fire Danger Season:

- Keep grass and weeds down to 10cm
- Maintain litter and branch debris
- Recheck gutters

### BE AWARE:

Keep up-to-date with:

- Fire bans and warnings
- Extreme weather alerts and conditions
- Changes to the Fire Danger Season information visit [www.cfs.sa.gov.au](http://www.cfs.sa.gov.au)



# CITY WORKS



## Salisbury Waterwheel Museum, Salisbury

The Salisbury Waterwheel has undergone a makeover with the installation of gutters in a colonial profile and PVC downpipes to remove and capture stormwater and drain it away from the building. A fresh coat of paint was applied to surrounding timber features and filling in the cracks of the mortar in the stonework. The waterwheel underwent metal work repairs and a new coat of paint and, to assist in preserving the new works on the waterwheel, a flush and pump system was installed to drain the wheel pit of water so the wheel remains dry and free from rust and further water damage.



## Pooraka Tennis Club Clubroom, Pooraka

We have just completed an upgrade to the Pooraka Tennis Club clubroom. This included an extension to the building to incorporate new male and female toilets, as well as an accessible toilet. The upgrade also included a new office and large storeroom for the club. The kitchen received a small upgrade to its cooking appliances.



## Park Way Bridge, Mawson Lakes

There is a new underpass under the Park Way bridge. This is the first section of the city wide trails project, which will improve pedestrian and cyclist safety and access between Mawson Lakes and Pooraka by providing a 2.5m wide off road shared use path.



## Pauls Drive, Valley View

Culvert upgrade works have been finalised at Pauls Drive where it crosses over Dry Creek at Valley View.



## Lindblom Park Carparks, Albert Avenue, Quinlivan Road and McCarthy Court Carparks, Pooraka

As part of a series of upgrades to car parking at Lindblom Park, the Albert Avenue carpark features 17 new car parking spaces, Quinlivan Road has had 20 new angled car parking bays installed and McCarthy Court carpark has had four new car parking spaces installed. The new parking will service the local sporting fields at Lindblom Park, helping to reduce traffic congestion in the area.



## Kingswood Crescent Reserve, Paralowie

The upgrade at Kingswood Crescent Reserve included the installation of some new fitness stations, a basketball/ netball court, a picnic setting with shade and some new irrigation and grass.



## Salisbury Cycle Speedway, Salisbury North

The building renewal was focused on turning the club into a more usable and friendly community space to support its users of all ages. It includes an open clubroom hall area, kitchen/ canteen facility and two workshop areas. Plus a brand new veranda will keep the sun off spectators and racers alike.



## Unity Park Toilet, Pooraka

A new toilet block was opened to the public adjacent to the playground at Unity Park on South Terrace, Pooraka. The toilet block includes two unisex toilets and one accessible toilet.

# CONVERSATIONS ON SOCIAL MEDIA

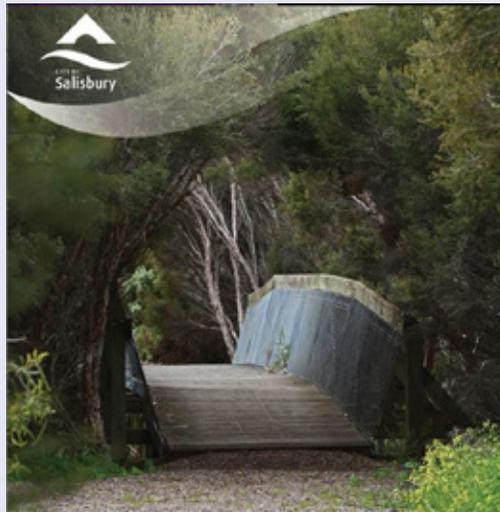


At the City of Salisbury we keep in touch with the community via a range of methods, including social media. Facebook, Instagram and Twitter which are used to communicate with residents and visitors, promote Council's initiatives, receive feedback and to primarily keep residents up-to-date and informed.



**f** City of Salisbury | Greenfields Wetlands

**Paul Chin** Wetland is a precious habitat for many creatures and they live symbiotically well with us humans, so keep it healthy. Thumb up for Salisbury!



**cityofsalisbury**

Greenfields Wetlands tour guide Linda Millison says many visitors – even people from Salisbury – are surprised to discover such a lovely spot to visit. The wetlands are teeming with wildlife, native trees and shrubs and offer a pleasant way to spend a few hours. You can take part in a tour, or pick up the key from the Watershed Café, before returning for a cuppa or some lunch. Read more on Greenfields Wetlands in the latest edition of Salisbury Aware via the link in our bio.

**@kristinejonas** Went here recently and was surprised how lovely it is!



**cityofsalisbury**

The Greenfields wetlands are teeming with wildlife, native trees and shrubs and offer a pleasant way to spend a few hours. You can take part in a tour, or pick up the key from the Watershed Café, before returning for a cuppa or some lunch.

**bigalcomedy** Such a beautiful spot. Hard to believe a highway is 2 min away. The watershed is an amazing place. Always great food and staff.

**f** City of Salisbury

**Venetia Fraser** Thanks to Salisbury Council for improving Pauls Drive with a beautiful bridge and trees.

**Bicycle Institute of South Australia**

Congratulations. Bike Riders are keeping a keen eye on works in your area and are excited by your focus on improving key trails. Keep it up. It makes living or visiting your council area very attractive. We took the chance yesterday to look in on progress for the underpass and are excited to share pictures with our members. The new bitumen path section in this area is also the smoothest new bitumen section we have ridden for some time. The contractors should be congratulated.



**cityofsalisbury | discover salisbury**

Do you have some little dare devils in the family that love bike riding? The purpose-built trails at Cobbler Creek Recreation Park will satisfy both budding and intermediate mountain bike riders. Along with the trails, pump track and bike jumps you'll also find the Kites and Kestrels adventure playground complete with BBQ and picnic areas.

**@Kidsinadelaid1** One of our fave spots!



**f** City of Salisbury | The side of a busy highway is a far cry from the classroom, but the unusual setting didn't affect the creative flow of talented Year 10 art students at Thomas More College. About 17 students took to seven stobie poles along Salisbury Highway this week to paint them with bright and colourful, unique designs in Council's Poles apART program.

**Nicole Giro** Love this! I was getting a coffee at the coffee place near the stobie poles and it was interesting to watch the students paint in the rain. They did an amazing job.

**Jan Brady** What a great idea to brighten up along the road. Well done!

**Jenny Brady** Oh they look great!!!

**Kylie Grenfell** I have loved seeing these come to life in my ward!



**cityofsalisbury**

The City of Salisbury has partnered with Responsible Cafes to encourage the reduction of single use plastic and to support our local cafes and restaurants to become more environmentally sustainable.

**Stephanie Wilmot** Great initiative!

**Meg S.** Brilliant initiative!!

# IRVING PLACE

PARA HILLS



**NOW SOLD OUT! 13 BRAND NEW LAND ALLOTMENTS  
IN PARA HILLS [IRVINGPLACE.COM.AU](http://IRVINGPLACE.COM.AU)**

The release of our brand new land project at Para Hills, Irving Place, was an overwhelming success. 13 premium allotments were sold in just a few days, with prices starting at \$159,300. Civil construction is almost complete and land will be titled and ready to build on in December.



We currently have terrace land allotments available at our award-winning project, Boardwalk at Greentree. To learn more, visit [www.boardwalkatgreentree.com.au](http://www.boardwalkatgreentree.com.au) or contact our Sales Agent, Tom McVann, at Connekt Urban Projects on 1300 88 59 22.

