



CELEBRATING THE SALISBURY COMMUNITY HUB



**MAKING STRIDES AT
BRIDGESTONE RESERVE**



**ART TRANSFORMS
LOCAL SPACES**



**GROWING FOR GOLD
MARKS MILESTONE**



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Mayor Gillian Aldridge OAM

Summer is in full swing and our social calendars are filling fast, from barbecues with friends and family and festive parties to trips to the swimming pool to cool off. But, if you're still on the lookout for things to do with the family during the warmer months we have you covered.

The official opening of the Salisbury Community Hub will take place over the weekend of 30 November and 1 December. Save the dates in your calendar as there is something planned for everyone, including a food market, children's activities, entertainment on the large outdoor screen and the annual Christmas Parade. We look forward to exploring the new Hub with you and discovering the huge potential of its flexible spaces for all of our community from the young to seniors.

Excitingly, work is underway to develop the Bridgestone Athletics Centre at Bridgestone Reserve in Salisbury. The centre will include a 400 metre elite level athletics track to be available for all participants from local clubs to Olympic training. The development will provide a great addition to Salisbury and will no doubt be well used by many within the community, especially with the growing popularity of athletics.

Other upcoming events include the Mawson Centre Christmas Markets, Australia Day

Breakfast and Salisbury Secret Garden. Keep an ear out for the upcoming announcement of our Secret Garden headline act!

This edition of Salisbury Aware touches on some of the highlights on offer for our community. Recently, school-aged children had the chance to try their hand at a variety of sports as part of the 20th annual Growing for Gold program.

The Para Hills Community Hub's ukulele group is always open to members – as are a range of other groups and activities from bingo to table tennis.

If you're still unsure on what services the Salisbury Community Hub will offer, these are detailed in this edition and will hopefully leave you with a feeling of anticipation for the opening!

I wish you a happy and healthy festive season and please ensure you look after yourselves and your families.

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SALISBURY AWARE

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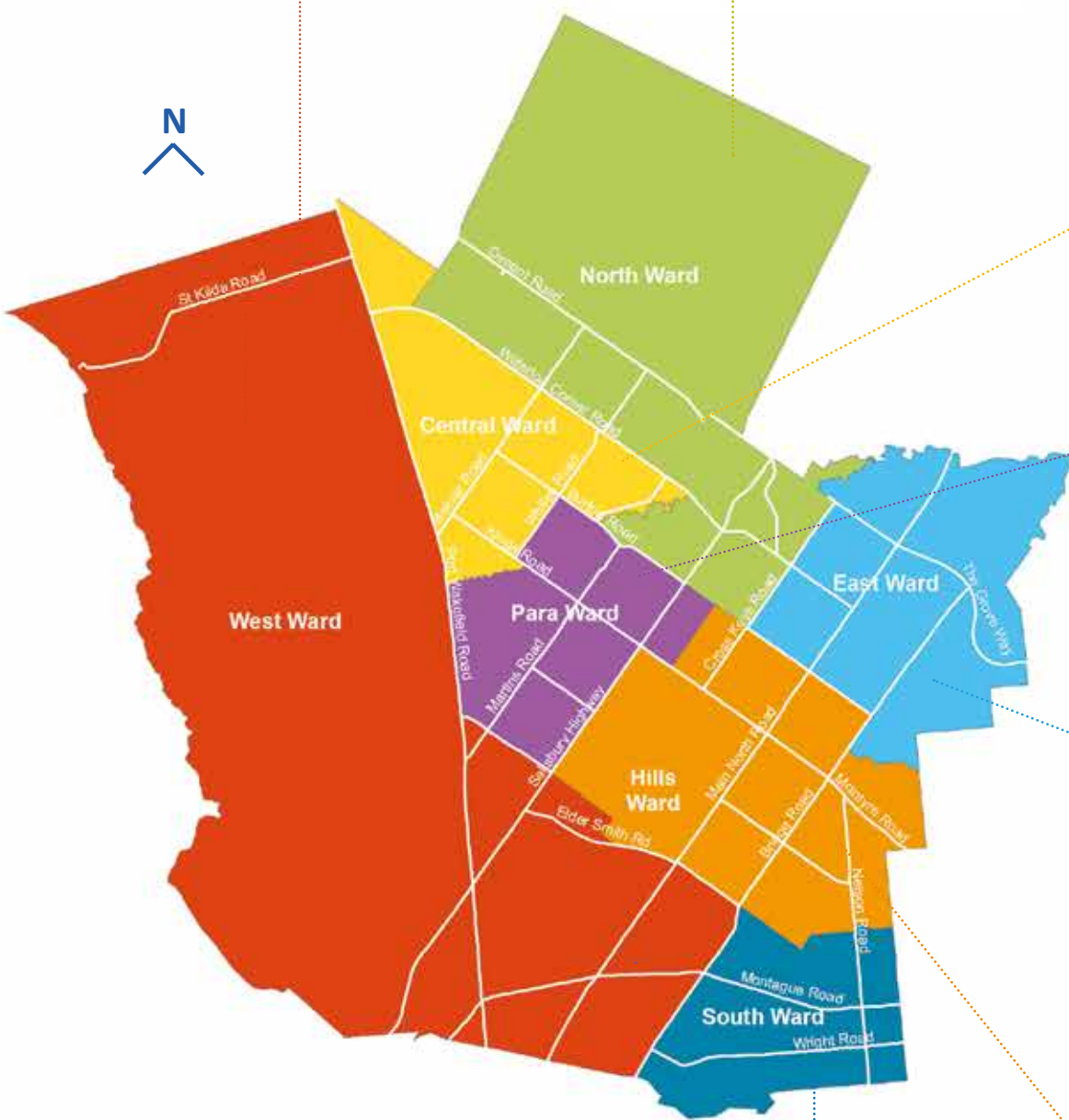
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WORDS Maddison Scott-Winen

CREATE A PLACE

The three-year Create a Place public art program is transforming key spaces across the City of Salisbury after kicking off earlier this year.

The City of Salisbury is facilitating partnerships between organisations and artists who have a passion for expressing the local identity and history of the area through vibrant artworks.

So far, three spaces have been revamped under the program – the Salisbury Recreation Precinct, Salisbury North Skate Park public amenities block and the laneway between James Lane and John Street in Salisbury’s city centre.

Mayor Gillian Aldridge OAM said the artwork had been well received by the community.

“The Create a Place public art program will assist in revitalising our community spaces while offering exciting, colourful and thought-provoking artwork for both the local community and visitors to explore,” said Mayor Aldridge OAM.

“We welcome the completion of the first artworks, which capture the soul of the Salisbury community, and look forward to watching on as more of our public spaces are transformed under this program.”

The first artwork was completed by Aboriginal artist Scott Rathman in late August. Located in the laneway between James Street and James Lane, the vibrant piece has rejuvenated the space.

“The Salisbury City Centre is a focal point that people journey to; it is a place where people gather to share stories, to learn, to work, to be entertained and to collect the necessities of modern life,” Scott said.



The artwork intends on tapping into Salisbury’s civic pride by symbolising that while we all have differing backgrounds, we all come together at one meeting place.

Scott has also completed a second artwork in the Salisbury Recreation Precinct under the Create a Place banner. This colourful work encourages the community to truly value its rich diversity.

Meanwhile, artist Shane Mankitya Cook has transformed a public amenities block at the Salisbury North Skate Park – for the second time.

Interestingly, Shane helped to paint the site a decade ago as a teenager through his involvement with the Twelve25 Youth Enterprise Centre.

Supported by the Salisbury Youth Council as part of a domestic violence and family violence project, the piece acknowledges the importance of standing up and speaking out against violence in our community.



WORDS Erica Visser

HUB OPENING

A weekend of activities, food and fun for the whole family has been planned to mark the official opening of the Salisbury Community Hub.

The Hub, located at 34 Church Street, will transform the social heart of the Salisbury City Centre and offer a place to socialise, learn and celebrate.

The weekend will encompass a range of events – including the Salisbury Community Christmas Parade and Christmas Markets which are run by the Salisbury Business Association – as well as a Santa's Cave, roving entertainment and a range of food options.

Salisbury Mayor Gillian Aldridge OAM said she looked forward to celebrating the fruition of the innovative new community facility, which features a range of flexible meeting rooms, a café, large terrace area, entertainment, library and features such as an adult changing room, artwork portraying the history of Salisbury, a range of phone and laptop charging points and free WiFi.

"It is so exciting to be able to come together as a community to celebrate and revel in what the Hub has to offer all of us," Mayor Aldridge said.

"We hope to see many members of the community come along to celebrate with us at what is such a special time of the year."

The weekend has plenty to offer – from entertainment on the big screen, live performances, children's activities, a traditional smoking ceremony, tours showcasing what the Hub has to offer and more.

The festivities will be spread out across a number of indoor and outdoor spaces in the Hub and surrounding Salisbury Civic Plaza/Inparrinhi Kumangka.

Be sure to check Discover Salisbury for your opening weekend map and full schedule of activities.



Your Kid's Activities

Cartoons on the large outdoor screen

Santa's Cave

Christmas Parade

Scientific Bubble Show

Mayor's Story Session

Lego freeplay



Your Entertainment

The Three Amigos will provide an entire mariachi experience!

Performance by up and coming country music sensation Michaela Jenke

Traditional smoking ceremony and dance performance

Family movie screening: 'The Greatest Showman'

Roving performers and media personalities

Christmas carols

MC from Adelady Hayley Pearson



Your Experiences

Augmented reality gaming masterclass

Virtual reality sessions

Hub tours

Robotics/digital programs

Exhibition area

Christmas markets



CHRISTMAS COMES TO SALISBURY

Can you hear the faint sound of sleigh bells preparing to descend into Salisbury?

The festive season has landed again and, to celebrate, the Salisbury Community Christmas Parade is back for its 29th year with more participants, floats and entertainment.

The parade will be held at 10am on Saturday 30 November, as part of the Salisbury Community Hub's weekend of opening events.

As with previous years, the parade will run along Commercial Road, John Street and Gawler Street with a heap to do along the way for the whole family.

Highlights to be set up in Salisbury Civic Plaza include face painting and balloon animals, arcade clowns, rides, amusements and food vendors – as well as the range of Hub opening events provided across a number of locations.

Awards will also be announced by coordinator Salisbury Business Association for best float, best group, best business and best parade.

If the parade has sparked your festive mood, the inaugural Salisbury Christmas Markets will be a must-do.

The markets will be held the day following the parade, on Sunday 1 December, where more than 80 stalls will guarantee the opportunity to cross Christmas shopping off of your 'to do list'.

Stalls will sell a range of items from jewellery and gems, to mosaics and resin art, bath bombs, bonsai, toys and books.

There will also be roving entertainment and a range of food vendors available.

The markets will be held from 10am until 3pm in the Salisbury Civic Plaza/Inparrinthei Kumangka.

WORDS Erica Visser

SALISBURY COMMUNITY HUB FEATURES

Over the coming months and years, the Salisbury Community Hub will welcome individuals from all different parts of the community through its doors.

In the mornings, the Hub will often be bustling with entertainment from library activities, group classes and cultural and community get-togethers across the Hub's many flexible meeting spaces.

On the ground floor, our friendly staff will greet members of the public and assist them with accessing the services they require.

At the nearby Hub café, community members and colleagues can catch up over a coffee or light meal.

Nearby, there are two community hall rooms where programs and meetings may be held for larger groups.

There is also a number of publicly available computers, charging stations in a variety of spaces and easily accessible free WiFi.

For mums, dads and grandparents, the library offers a range of entertainment including children's groups and activities.

And you need not fear any accidents – there's a fully equipped parents' room on the ground floor.

Upstairs on level one, a group of friends might meet up on the terrace to chat while enjoying the sun.

There are also two conference rooms and a number of smaller meeting rooms, a kitchen reserved for events, a number of learning areas, contemplation room and adult changing room.

During some evenings, families will be able to gather on the grass to watch movies and other entertainment shown from the large outdoor screen.

Meanwhile, a sporting club might choose to hold its presentation evening in one of the Hub's flexible indoor spaces.

The modern and contemporary facility will also feature civic spaces, a gallery, learning and information facilities, council chambers and office space.

It will be a place to showcase and experience the difference Salisbury has to offer and be the social heart of our City Centre.

The Hub project represents a significant commitment and investment into the Salisbury City Centre and the revitalisation will serve the future generations of our community who will visit, use and enjoy the Hub.

The vision is to develop an entertainment and service precinct that re-energises the City Centre by creating opportunities for:

- Outdoor cinema experiences and live TV broadcasts
- Quality family events like Salisbury Secret Garden and the Salisbury Food & Cultural Festival
- School formals, graduations, plays, cultural events and ceremonies
- Education, training and meeting spaces
- New indoor and outdoor library and children's activities
- Live music, performances and exhibitions
- Meeting and socialising in cafes and quality public spaces
- New private investment and development
- Enhanced delivery of Council services

Mayor Gillian Aldridge OAM said the community had provided the inspiration behind the Hub in order to ensure it promotes development and prosperity through innovative and well thought out services combined with state-of-the-art technological features.

"The Hub is intended to reflect the needs of our diverse community which is why so many of its features have been informed by public feedback, including a range of flexible meeting rooms and spaces which are comfortable to the community," said Mayor Gillian Aldridge OAM.

"Other features include the adult changing room, which was recommended by our Disability Access Inclusion Network, while our Reconciliation Action Plan group members have contributed artwork and a café has been included in response to requests from community members during the consultation process."

A CATALYST FOR THE FUTURE...



The experience will be authentic and connected; showcasing and building pride in the community's abilities and talents. We trust and respect each other. We respect our heritage, we celebrate our diversity, are passionate about our place and care about our people.

THE COMMUNITY COMES FIRST...



Multi-functional in vision and purpose, creating a culture and environment where boundaries are blurred and transparent. Dynamic, purposeful and well utilised, the essence of our community where people come together to exchange ideas, learn, participate, celebrate and co-create.

A PLACE TO CONNECT WHERE OUTCOMES ARE MUTUALLY VALUED...



Playful and thoughtful, it is where the experiences are evolving, innovative and inspirational. People are energised by their interaction.

SURPRISE, DELIGHT & INSPIRE...



We will deliver spaces, events and programming that will be accessible, adaptable, flexible and agile. The Hub will showcase the best of our community and business, generating confidence.

ADAPTABLE, FLEXIBLE & AGILE...



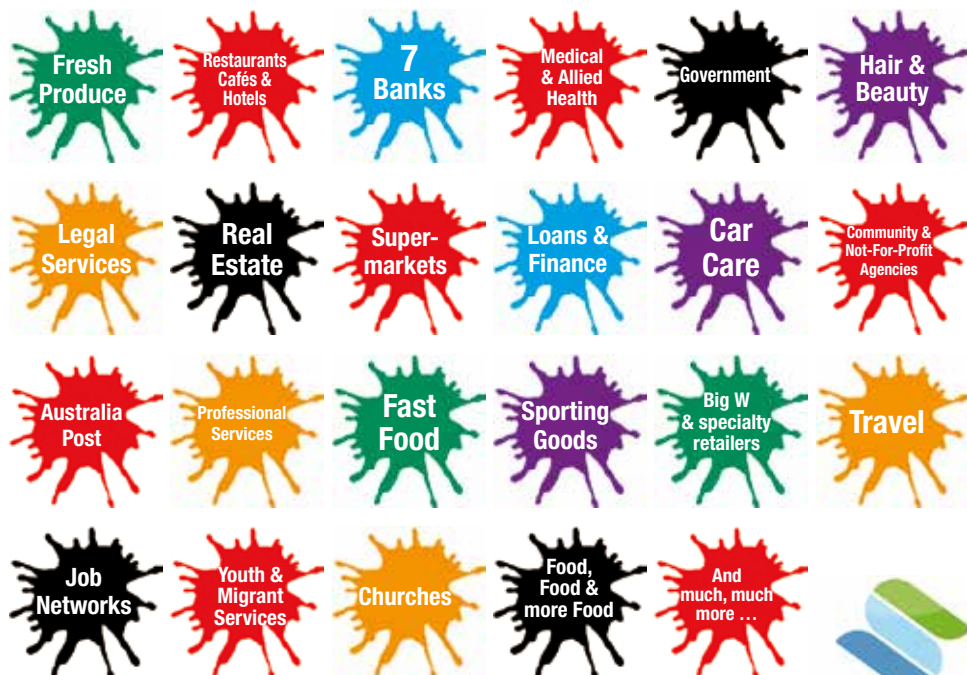
Activated and with a sense of discovery, it is the people's gathering space. It is a showcase of what lies at the heart of the community and their passions.

SOCIAL HEART OF THE CITY CENTRE...



The Salisbury Community Hub will become the social heart of the City Centre.

- Parabanks • **Hoyts Cinemas** • **Salisbury Community Hub**
- **Free Family Friendly Events** • **Bus and Rail Interchange**
- **Council Services & Library**



<https://www.facebook.com/salisburycitycentre>

SALISBURY
Business Association



www.salisburyba.com.au

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Sustainable Community Organisation
Against Poverty Inc.

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To access any one of these services, call SCOAP Inc. on M: 0487 993 931

Appointments for loans and emergency relief are necessary.
We look forward to continuing to support you well into the future.

WORDS Heather Kennett

JIBBA JABBA

YOUTH RADIO

Listen Up! Radio skills, confidence and friendship are the playlist in Salisbury.

Salisbury's youth are tuning into a community radio program designed to dial up on-air experience, friendship and exposure to a potential career path.

Now in its ninth year, Jibba Jabba Radio lets young people run their own live weekly radio show from PBA-FM 89.7, a Salisbury-based community radio station.

The 12-week program gives people aged between 16 and 25 an opportunity to build confidence and a shot at radio stardom, under a partnership between the City of Salisbury and the City of Playford.

Five weeks of radio training is provided, with weekly sessions including researching program content, program development, interviewing and a new component making short film clips.

Past participants have used the program as an entry point for media roles and radio courses. Previous participant Liam Stapleton went on to co-host Fresh FM 92.7 breakfast show before moving to Sydney to work with ABC's Triple J.

James Colman signed up five years ago and says it's easy to get involved.

"Jibba Jabba Radio is not about a level of experience, it's about a willingness to give it a go," he says. "We encourage those with even the slightest interest to come down and chat because those who run Jibba Jabba Radio don't want you to miss out on what could be an amazing experience."



Now 22 and working part-time as a facilitator of the program, James says participants can benefit in numerous ways.

"Jibba Jabba Radio may give some young person, like myself who had no direction, an opportunity to find a path regardless of whether they consider radio as their dream gig, or maybe they just want to give this a crack for a bit fun."

Mayor Gillian Aldridge OAM, said the program aimed to boost opportunities for young people in the region.

"Our youth of today will lead us into tomorrow, therefore Council aims to support their development and learning so they can thrive and reach their full potential," Mayor Aldridge said.

To be involved you need to be aged 16-25 years and live, study, volunteer or work in the City of Salisbury or the City of Playford. There are two intakes each year.

The course is priced at \$150 to cover training hours and air-time. Payment plan options are available for those who can't afford it all upfront, to ensure potential participants are not discouraged.

PBA-FM is co-located at Twelve25 Salisbury Youth Enterprise Centre, 17-19 Wiltshire St, Salisbury.

As Jibba Jabba Radio nears its tenth year, new things are on the horizon with a relaunch of the program is planned for 2020.

Keep an eye out for what's next through www.twelve25.com.au or by contacting Twelve25 on 8406 8555.

WORDS Greg Ratsch

CITY PLAN

Every council in South Australia is required to have a strategic management plan that outlines Council's longer term objectives for the community as well as identifying short term priorities.

Council's current plan, City Plan 2030, was adopted three years ago and is currently being reviewed by Council in line with the Local Government Act.

The current Plan is structured around four pillars of increasing prosperity, enhancing our environment, being a great area in which to live and the further enhancement and transformation of Council's operations into a contemporary organisation which services the needs of its community.

Over the coming years there is a range of factors that could shape our community and need to be planned for. These include, but are not limited to, new roads such as the Northern Connector, the potential development of the Dry Creek Salt Fields, renewal of the Salisbury City Centre and a changing climate.

We also anticipate our population to increase from the current 144,000 to in excess of 153,000 people. While the average age of our residents will rise, our community will become increasingly diverse and multicultural.

The City has strengths that can be built upon including Council's water management expertise, our large and growing business sector underpinned by defence contracts and our extensive network of trails and reserves.

But there is also the here and now to consider – services such as the maintenance and upkeep of our streets and reserves, designing safer suburbs, waste removal, increasing recycling activity and building pride in our City.

Council's Elected Members have commenced the process of identifying opportunities and priorities to feed into the current City Plan

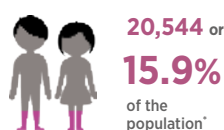
review. Over the coming months these will be refined and considered by Council prior to Christmas.

Early in the new year there will be a process of engaging and consulting with the community to ensure the priorities of our residents, businesses and community organisations are reflected in the revised plan.

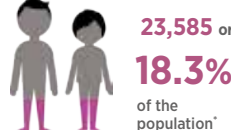
CITY SNAPSHOT

CURRENT POPULATION 137,310¹

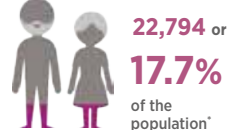
CHILDREN (0-11 YRS)



YOUNG PEOPLE (12-24 YRS)

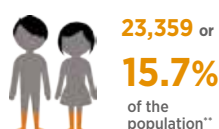


AGED PEOPLE (60+ YRS)

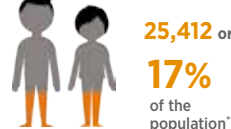


EXPECTED POPULATION IN 2030 165,175²

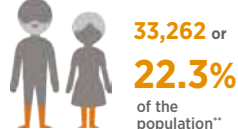
CHILDREN (0-11 YRS)



YOUNG PEOPLE (12-24 YRS)



AGED PEOPLE (60+ YRS)



BORN OVERSEAS*



27.8% of people were born overseas*

LANGUAGES SPOKEN*

22% of people spoke a language other than English at home*

Top 3 languages spoken, other than English:



VIETNAMESE
3.7%



ITALIAN
1.8%



KHMER
1.6%

EDUCATIONAL QUALIFICATIONS*



People who have completed secondary schooling
38,860 or
37.6%*



People who have completed post-secondary school qualifications
36,305 or
35.1%*

NUMBER OF PRIVATE DWELLINGS



2011
52,603²



2030
60,593²

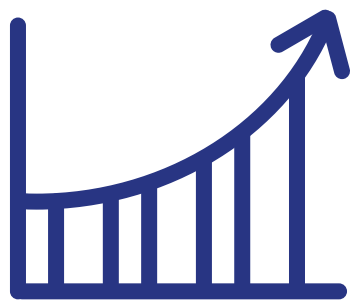
1. ABS 2014 estimated resident population
2. Forecast ID 2015, + 16,000 at Salt Pan development

* ABS 2011 census data
** Forecast ID 2015

This snapshot is from the City of Salisbury's City Plan 2030

OUR VISION

This City Plan contains four key directions. Each direction includes a statement of what we want to aspire to achieve during the life of the City Plan.



The Prosperous City

Driving economic growth in South Australia, creating more jobs, providing people with the skills and knowledge to connect to those jobs and sustainably increasing our population.



The Sustainable City

A place where people actively experience and care for their natural environment, where green industries thrive and our urban and natural spaces are adaptive to future changes in climate.



The Liveable City

A welcoming community that celebrates its diversity, embraces change and where people are able to participate in community life. It is a City with interesting places and experiences.



Enabling Excellence

A Council where people work because they can make a difference, an organisation that anticipates, understands and meets community needs, a Council with a positive attitude.



WORDS Jarred Collins

SALISBURY CITY CENTRE REVITALISATION

A series of initiatives are being developed as part of the John Street and Church Street Improvement Plans under a broader strategy to renew the Salisbury City Centre.

Keep an eye out for the following scheduled improvements to John Street, which are being carried out during this financial year:

- Removal of a number of gazebos, as identified in the Urban Design Framework
- Modify existing bench seat that is located outside the Commonwealth Bank Australia to face the revitalised Salisbury Civic Plaza/ Inparrinthe Kumangka
- Install new planter boxes at the John and Church Streets intersection and remove bollards to enhance the appearance of the intersection

- Install a stencilled roadway graphic at the corner of Church and John Streets which ties in with graphics to be used in the Hub

Works are also being undertaken at the historic Methodist Cemetery site, which provides a unique feature to the Hub, sitting immediately adjacent to the building and the Salisbury Civic Plaza.

The cemetery was the first burial site registered in October 1864 and is one of the earliest landmarks within the Salisbury City Centre.

The existing cemetery fence will be painted black and access arrangements will stay the same in order to retain the respectful separation between the active areas of the Civic Plaza and Community Hub and the more reflective spaces provided within the cemetery when viewed from inside or the adjacent streetscapes.

Council has endorsed the first stage of a landscape proposal to preserve and better highlight the cemetery with beautification works including:

- Replacement of an irrigation system (which is no longer working) to be focused into the central square of the cemetery where there are limited grave sites and the current contemplation seat is located
- Creation of a feature landscaped garden at the corner of the cemetery towards James and Church Street, along the entrance pathways and Civic Plaza edge
- Re-instatement of a formal path network by building a cement-treated gravel path to the walkways through the gravesites. This will provide community access to visit the graves and better define their edges
- The contemplation seat and bin will remain within the central area, with plans to put down grass with irrigated turf.



Corner of Gawler Street and John Street - looking east

WORDS Jarred Collins

ST KILDA CENTRE RECEIVES A MAKEOVER

A range of upgrades to prominent local areas are being carried out across the City.

The St Kilda Interpretive Centre is open for business following recent renewal works.

The centre, which is located at the beginning of the popular St Kilda Mangrove Trail, was refurbished as part of Council's 2018/19 capital works program.

The works included new air conditioning units, seals on doors and upgraded roof access units.

Outside, a new decking has been built to surround the centre as well as tactile and concrete ramps and a galvanised handrail to assist accessibility.

The outside of the centre has also received a paint upgrade to match new access gates.

Salisbury Mayor Gillian Aldridge OAM said she hoped as many members of the community as possible would take the opportunity to visit the site following the upgrade.



"The Mangrove Trail is a highlight of our fabulous city and one worth taking the time to stroll along with family or friends," Mayor Aldridge said.

The centre and associated boardwalk were built 35 years ago as a 1.7 kilometre loop, comprising of about 1 kilometre of raised timber boardwalk through the mangrove forest.

The upgrades will help revitalise the attraction after part of the the boardwalk was reopened in 2017 following repairs to a 40 metre section near the lookout during severe weather in winter 2016.

The trail is open daily between 9am and 4pm, entry is free, you will need to obtain an access card from the Kiosk (Tackle & Tucker) located adjacent to the boat ramp.



NORTHERN RESPITE CARE SERVICES

Northern Respite Care is a Low Cost, low level service provider offering three programs for care recipients living in the northern suburbs of Adelaide – one on one home visits, a Friday ladies outing group and a Wednesday Men's outing group.

Do you need a hand to assist you in continuing to care for your loved one? We can help you! Let us take away some of the stresses for both you as the carer and the care recipient – call us!

The aim of the program is to meet the needs of carers of the frail and aged who live in the Salisbury, Playford and Tea Tree Gully Council areas in order to help them maintain, with maximum independence, their caring role and to enhance the quality of life for both the carer and the care recipient.

We achieve this through the commitment of a dedicated team of volunteers who provide services to the care recipient so the carer can have a break from the caring process.

Home visits entail a volunteer visiting either in the home or through outings for up to 4 hours each week or fortnight, while our Men's Outing service boasts a team of male volunteers who collect male care recipients each week for morning tea and then a lunch activity. Our women's outing group allows women to socialise with women on outings, with a dedicated team of female volunteers to assist them.

NRCS is auspiced through the Lyell McEwin Volunteers Association and is supported by The Australian Government Department of Health. Visit the department's website (www.health.com.au) for more information.

For further information and to assess your needs, or to volunteer with us please contact: The Program Manager, Ph: 8182 9651 or Mob: 0411 117 323

Would you like to be a Volunteer in this amazing program? We can help you to help others!



It is the season to celebrate, that's why we will be open over the Christmas period (with the exception of Christmas Day). We'll be here whenever you want to catch up or share an occasion with family or friends during this special time of year. To help you do so, here are two special offers.

Celebrate and enjoy the season, "Buon Natale!"



TAKEAWAY

BUY ANY 2 MAIN PASTA DISHES & GET A 10" PIZZA FREE

*Present coupon to redeem offer. Not valid with any other promotion. Only at FP Salisbury until 31/1/20.

DINE IN ONLY

KIDS EAT FREE
WITH EVERY FULL PRICED MAIN MEAL PURCHASED!

**Present coupon to redeem offer. Child must be 12 years or younger & select from the kids menu. Max 2 free kids meals per coupon. Not valid with any other promotion. Only at FP Salisbury until 31/1/20.

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8258 8888

FPM0644

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WORDS Erica Visser

UKULELE GROUP & SERVICES

The new Para Hills Community Hub is the perfect space for a group of ukulele-loving musicians.

It's a Monday morning at the Para Hills Community Hub and the charismatic coordinator of the beginners' ukulele group, Murray Haycock, greets the arrival of each participant warmly.

Murray started the ukulele group when the Community Hub opened in August last year and has since seen the group grow from eight to about 20 participants.

"The Hub is such a great addition to the community and has given us the perfect space to come together, as with many other groups," Murray said.

"The staff at the Hub have been totally on board from day one and helped me to get the class off the ground.

"It's been rewarding to watch our class members, some of whom didn't know how to hold a ukulele a year ago, master dozens of songs and have the confidence to sing in front of others."

For many of the members, the class provides an outlet for socialisation in a friendly environment and the mental benefits that come with learning something new.

Murray is patient and encouraging as he begins today's session with a simple warm up exercise as Pat hands out sheet music for the class' newest addition, The Lion Sleeps Tonight – which has experienced a recent



renaissance with the release of the 2019 Lion King adaptation.

"You're allowed to sing along," Murray tells me, "In fact it's an expectation!"

Murray – who took up playing the ukulele after the loss of his little finger made guitar chords difficult – was inspired to start the class after realising there was a need for someone to teach the instrument at a beginners' level.

When a new member joins the class Murray spends time with them, while Pat takes over teaching, to help catch them up to speed.

The group covers a range of music genres

– from folk songs, to sixties rock, to contemporary – and is always open to new members with all levels of ability.

WHERE:

Para Hills Community Hub

WHEN:

Monday mornings, 10am-12noon

COST:

\$3 attendance fee
(tea and coffee provided)

DETAILS:

Bring your own ukulele

A full list of activities available at the Para Hills Community Hub may be found here:

www.salisbury.sa.gov.au/phch

WORDS Nina Parletta

INVESTMENT

SUPPORTING OUR CHANGING COMMUNITY

Health and Community Services has been one of the more rapidly growing industry sectors in Salisbury's economy in recent years. In the past three years, more than 500 jobs have been created in this sector.

This growth has been driven by an ageing population, government policies such as the National Disability Insurance Scheme and changing consumer healthcare preferences.

In Salisbury the sector is made up of nearly 400 businesses employing more than 5,000 people.

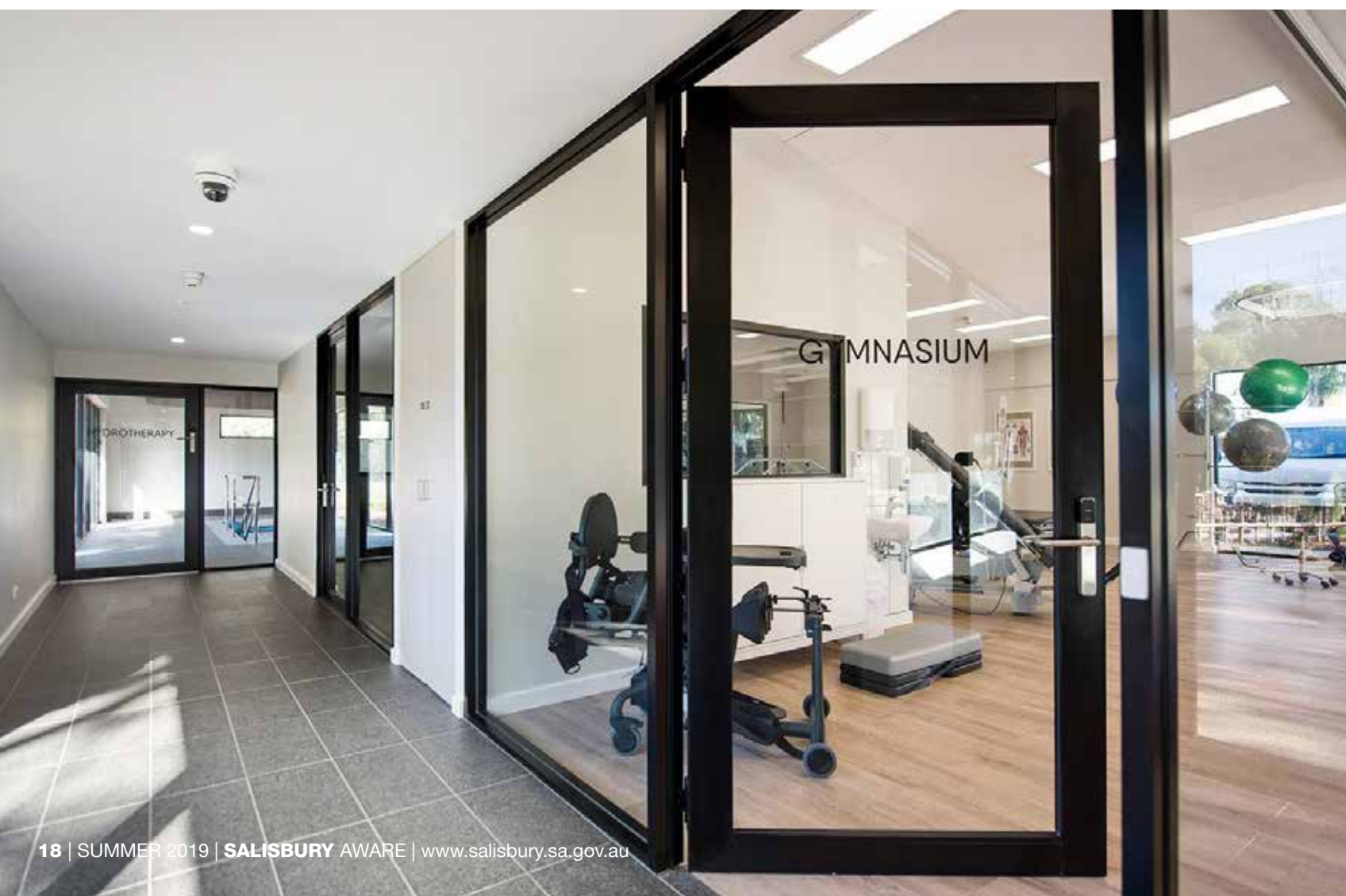
Council has approved over \$70 million worth of development applications to construct or improve new facilities in our area.

In January this year, SACARE officially opened The Gums, a \$14 million state of the art care centre in Salisbury for people with disabilities. This facility can house up to 20 people with moderate to complex medical needs including acquired brain and spinal cord injuries. The facility includes eight complex care rooms and 12 independent living units, a hydrotherapy pool, gym and the state's largest sensory garden. It's expected to create between 140 and 160 jobs for medical professionals and staff to help run and

maintain the facility, with registered nurses on site 24 hours a day to support the residents and allied professionals visiting at a time that's convenient to the residents to provide the extensive services that they may need.

SACARE Chief Executive Nahtanha Davey said that "those with acquired brain injuries and complex cognitive disabilities will be able to come here and rebuild their lives. This is an environment where they get to connect socially to be able to transition into a community environment and enable them to be ready to do that in their own time."

In September 2018, St Basil's Homes SA was approved for a \$23 million development at Salisbury Plains to build a supported care





facility comprising 79 beds, eight independent living units, associated amenities and service facilities, and ECH was granted approval in July for 15 single story aged care dwellings in Salisbury Downs, valued at \$3.8 million. In addition, a \$35 million 10 storey mixed use development in Mawson Lakes that includes aged accommodation has been granted planning consent.

In Ingle Farm, Helping Hand Aged Care Incorporated has begun construction to alter and expand its existing residential care facility (valued at \$9.8 million) and is undertaking alterations to their residential care facility at Parafield Gardens (\$7.8 million), and Dunbar Homes has also undertaken construction activity to alter and expand their facility in Salisbury (\$1.5 million).

In support of the growing need for early childcare services, two childcare centres in Salisbury and Salisbury Downs, with a total value of \$1.6 million, have recently been constructed, with another in Edinburgh Parks approved as a part of a mixed used development.

As the population and employment mix across the City of Salisbury, and South Australia more broadly, continues to change and the local residential population continues to grow, the private sector is leading investment to support future needs.



WORDS Erica Visser

GROWING FOR GOLD

Hundreds of young participants have put their best foot forward during this year's Growing for Gold program, marking two decades since the initiative was first launched.

Growing for Gold, which is coordinated by the City of Salisbury and City of Port Adelaide Enfield, encourages young people aged three to 16 years to participate in sporting and recreational activities with a view to taking the next step in signing up to a local club. During the October school holidays, dozens of local clubs opened up their doors as part of the popular program, which has historically resulted in at least one in five participants going on to join a club.

Mayor Gillian Aldridge OAM said the longevity of the program was a nod to its consistent popularity with young people and their parents.



"Hundreds of young participants once again took part in Growing for Gold during 2019, with the well-loved free program celebrating its 20th year in action," Mayor Gillian Aldridge said.

"This milestone is a credit to Growing for Gold's enjoyable approach, where children are encouraged to have a go at a range of different sports and recreational activities to determine which they might be interested in pursuing further, with many taking the next step and joining a local club."

Northern Districts Baseball Club player Amara Jones joined the club as a four year old after trying out the sport as part of Growing for Gold.

A decade later and Amara is vying for a position on the state women's Under 15s team early next year, while her brother has since taken up playing and mother Deidre is a scorer.

"When I first tried it out I found it to be lots of fun and I've made so many new friends," Amara said.

"It's great to be able to have the opportunity to play for the state, and great to show people that baseball isn't a boys' sport. "I would recommend trying out baseball as part of Growing for Gold to any young girls – or boys."

While Amara was one of few girls on the team when she first joined club – which has participated in Growing for Gold for several years – the sport's popularity among females is slowing growing.

Fellow teammate Amelia Downes was also attracted to the sport as part of the Growing for Gold program.

"I like pitching, running around and taking part in team work," Amelia said. "It's great to meet new people and find mentors."



WORDS Erica Visser

FUN

OFFERED IN MANY FORMS

For the Fun on Fridays disability group, “fun” comes in the form of a range of activities.

For the Fun on Fridays disability group, “fun” comes in the form of a range of activities – from bowling, movies and crafts to cooking demonstrations, science experiments and even a trip to the Royal Adelaide Show.

The aim of Fun on Fridays – and a sister program named STARS (Skills, Training and Recreational Support) which is held on Wednesdays – is to assist members to integrate into our local community.

The program strongly encourages lifelong learning for all and promotes positive recreation and leisure opportunities for its



participants including group outings, lunches, gentle exercise and a range of activities.

While participants find the classes enjoyable, they are also developing social skills, interacting with peers, building on existing life skills, boosting motor skills and developing independence.

A particularly rewarding activity which took place earlier this year was a hands-on session where participants learned about Aboriginal and native plants from local Kaurna elder Frank Wanganeen.

During the session – which formed part of National Science Week – the group had the opportunity to touch, smell and learn about each plant and their uses within Aboriginal culture before planting the items into the Burton Community Centre’s community garden space.

The Fun on Friday program is currently at capacity; however coordinators are taking names for a waiting list.

The STARS program has vacancies and applicants can start immediately as long as they have NDIS funding.



*If you wish to enquire about joining either the Fun on Fridays or STARS group, please contact:
Jennie on 8406 8225 or via email on
jharris@salisbury.sa.gov.au*

WORDS Erica Visser

MAKING STRIDES

The Bridgestone Athletics Centre construction is underway.

The development of a much-awaited regional athletics facility is underway at the Bridgestone Reserve site in Salisbury.

A ground-breaking ceremony was held in early November to mark the beginning of the construction of South Australia's new regional synthetic athletics facility.

South Australian company BluBuilt Construction is designing and constructing the new community building while Polytan will be responsible for the new 400 metre state-of-the-art athletics track, after both were contracted in a City of Salisbury tender process.

The track will provide a key training ground for athletes of all levels and be used by at least three northern suburb athletics clubs including Northern Districts Athletics Club, Salisbury Little Athletics and Ingle Farm Little Athletics Centre.

In addition, regional and state associations, including northern school students, will also benefit with greater access to world class facilities in the north.

Mayor Gillian Aldridge OAM said the facility would cater to the growing popularity of athletics and provide a modern venue for participants ranging from Olympians to northern based schools, clubs and the wider athletics community.

"The Bridgestone Athletics Centre is one of the most anticipated sporting facilities





in northern Adelaide and it is exciting to see it come to fruition with support from State Government and Council, as well as Bridgestone, Athletics SA and Little Athletics SA," Mayor Aldridge said.

"With the growing popularity of athletics, this facility will provide fresh opportunities for local clubs and other participants living in the north."

Little Athletics SA CEO Sue Bowman said, "The new facility will help our young athletes to do their best and promote a wider participation from families in the northern suburbs."

Athletics SA CEO Shane Fuller said, "Bridgestone Reserve was identified as our preferred site for an athletics facility in the north and this facility will fill a critical need for infrastructure to meet growing demand."

Construction will begin in November with expected completion in mid-2020. Bridgestone Reserve, a 6.8-hectare site, was donated to the Salisbury community by Bridgestone following the cessation of their local manufacturing operations in 2010.

In 2017, Bridgestone Reserve was opened with irrigated turf playing surfaces, a playground, public toilets, walking track, and community fitness equipment and barbecue facilities.

The turf play space located close to the train line has been chosen for the development of the athletics facility.

The site has been deemed appropriate for the development given its physical attributes, safety and security, accessibility and alignment with strategic and land use planning.

White Ribbon Walk



Vietnam Veterans Day



Salisbury Writers' Festival



Growing for Gold



Salisbury Plays



WORDS Heather Kennett

HEALTH AND WELLBEING: OUTDOOR GYMS

Get a spring in your step and get outside and moving. With the recent unveiling of the City of Salisbury's eighth outdoor gym, at Paralowie's Settlers Reserve, residents are encouraged to find their nearest park featuring free to use gym equipment, to gain the benefits of strengthening exercise.



Staying active as we get older is a key ingredient for a long and healthy life, with walking and strength activities recommended to keep us steady and strong.

The equipment found at an outdoor gym is specifically designed to meet the needs of all age groups, to improve dexterity, strength and flexibility.

While it can seem intimidating to start a new exercise program at an older age, outdoor gym equipment has been designed to be easy to use and can help improve balance, coordination and strength.

The City of Salisbury also supports many health and wellbeing groups which regularly use those parks with an outdoor gym. These include multicultural groups, such as the Intercultural, Bosnian and Vietnamese groups who meet weekly at the Pine Lakes Community Centre, who often use the nearby outdoor gym at AGH Cox Reserve.

However, you don't need to be part of a group to try the equipment.

All residents are encouraged to give the equipment a go, which can be used free by anybody, at any time.

Step out for strength & flexibility

With the number of outdoor gyms across the City of Salisbury growing each year, residents are using the spaces to increase their flexibility and strength.

Emma Gurd uses her local outdoor gym to keep her back pain in check and keep fit.

After suffering a slipped disc five years ago, she was initially forced to pick up a walking stick and severely restrict her mobility.

"I had back trouble, but now I'm pleased to say if I keep doing my exercises and my hydrotherapy it significantly reduces my pain levels," the 76-year-old retiree says.

She visits her nearest outdoor gym, at Happy Home Reserve, adjacent to the Little Para

River Trail at Salisbury North, several times a week.

"I don't like inside gyms, I like being out in fresh air," Mrs Gurd says.

"It really is nice sitting on the equipment, hearing the birds and knowing you're helping yourself to stay fit and healthy."

The former machinist says she feels lucky to have outdoor gyms available for use anytime.

"It feels safe here, it's all open and near wildlife, we've got beautiful kookaburras and even if you can't see them, you can hear them.

"I joke I've got my own personal gym here. I enjoy using the equipment when I'm out for a walk on the walking trail, it doesn't have to take up a lot of time," the mother of two says.

She is also a regular at one of the City of Salisbury-supported Heart Foundation Walking Groups, which meet weekly at various locations across the region.

The Salisbury resident says the group "walk and talk" for about an hour and she will often use the nearby gym after this activity or during the week whenever she has some spare time.



Other benefits of using these spaces include the ability for people to opt in or out depending on their health and fitness levels, with all outdoor gyms featuring a variety of equipment and displaying easy-to-follow instructions and exercise suggestions.

Mayor Gillian Aldridge OAM, encourages residents to discover their nearest outdoor gym now the weather is warmer.

“It can be hard to motivate yourself, so grab a friend or a neighbour and take the opportunity to enjoy a walk at your nearest park featuring an outdoor gym and try out the equipment,” Mayor Aldridge said.

The City of Salisbury also supports a range of community groups who regularly use outdoor gyms as part of their weekly get-togethers, she said.

“Part of the ethos of many local senior groups is a focus on health and wellbeing.

“The outdoor gyms allow some of these groups to experience the fun of group

exercise while out in nature, as well as building some muscle strength,” she said.

Mayor Aldridge said Council was pleased to provide accessible outdoor gyms and hoped more people would try them to enjoy the benefits.

Outdoor gyms and walking tracks are easily accessible across the City of Salisbury and can be found at the following locations:

- AGH Cox Reserve (Pine Lakes, Parafield Gardens)
- Amsterdam Crescent Reserve (Salisbury Downs)
- Bridgestone Reserve (Salisbury South)
- Fairbanks Drive Reserve (Paralowie)
- Happy Home Reserve (Salisbury North - Little Para River Trail)
- Mawson Lakes (Dry Creek Trail)
- Moyes Reserve (Salisbury East)
- Settlers Reserve (Paralowie)
- Unity Park (Pooraka)

According to Cancer Council SA, here are four more reasons to give the outdoor gym a go:

1. It’s easy

Outdoor fitness equipment looks just like what you’d find in a regular gym, but requires no adjusting of settings, and comes with easy to follow instructions.

2. It’s social

Outdoor gyms are a great hive for socialising and exercising with friends, which helps you stay motivated to reach your daily activity goals.

3. It’s healthy

Research shows regular bouts of moderate-intensity exercise and resistance activities help reduce falls, help keep your blood pressure and sugar levels in check, plus cut your cancer risk.

4. It’s energising

A few minutes of sunshine a day is great for supporting your bone health and mood, through the action of vitamin D. But remember, sun safety is always important.

For more information visit:
www.cancersa.org.au



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WORDS Erica Visser

KINNARI CONNECTS THROUGH VOLUNTEERING



Seven years ago when City of Salisbury volunteer Kinnari Sidhwani touched down at Adelaide Airport she “didn’t know a soul”.

A former Bollywood fashion designer and driven businesswoman, Kinnari grew up in Mumbai and spent a stint in Africa with husband Tarun and their infant son, Mikhail, before relocating to Australia.

“I had pre-ordered enough groceries to last for a month because I had no idea where to shop, where to find the Indian supermarket or who to ask for help,” Kinnari said.

“Moving to a new country is daunting, and it is often hard to know how to make connections with the community.”

Luckily Adelaide soon “felt like home” for the Sidhwani family, who are now active and valued members of the City of Salisbury community, having settled in Valley View.

“Everyone has been very positive and welcoming from as soon as we arrived,” Kinnari said.

“I love the City of Salisbury. There is so much to do and so much to learn here.”

After taking a break from fulltime work in 2017, Kinnari began volunteering with

community centres – including at Twelve25 Salisbury Youth Enterprise Centre, Pooraka Farm Community Centre and Morella Community Centre, where she currently works one day per week.

The experience allowed her to tap into the knowledge and skills that come from 20 years spent in business, including designing saris for fashion shoots and Bollywood music videos.

“I cannot sit idle – I always need to be doing something so being able to contribute my skills while socialising and helping others where I can is really important to me,” Kinnari said.

“I started off volunteering at Twelve25 and I loved being around the young people.

“At Morella, we have lunch together on most Fridays and I enjoy sitting together and having lunch with a big group as I’m a people person.”

Kinnari recommended volunteering to other new community members hoping to improve their language and social skills and feel a sense of purpose and connection.

“I’ve already recommended the City of Salisbury as a great place to get experience volunteering and connect with others to a few of my friends,” she said.

“Volunteering has been a good journey for me and I intend to keep it up on Saturdays, even after re-joining the workforce.”

If you’re interested in volunteering with City of Salisbury, please contact Sue on:
8406 8276

CITY WORKS

Upgrade to Jack Young Centre Courtyard



Decking upgrade to the Watershed Cafe



CONVERSATIONS ON SOCIAL MEDIA



At the City of Salisbury we keep in touch with the community via a range of methods, including social media. Facebook and Twitter are used to communicate with residents and visitors, promote Council's initiatives, receive feedback and to primarily keep residents up-to-date and informed.



f This artwork was produced by Shane Mankitya Cook aka 3rd with support from Salisbury Youth Council as part of a Domestic Violence and Family Violence Project. The work acknowledges the importance of standing up and speaking out against violence in our community. The words incorporated into the design were chosen words brainstormed by youth members in our community to represent a supportive relationship. The first layer of the artwork starts dark and then brightens throughout the design. The final colour used is white, which symbolises a pathway to a brighter place. Head down to the Salisbury North Skate Park to take a look. #createaplace

Sharon Fraser I love community street art, it really brightens up our environment & gives it an essence of being cared for. Great work!



f "We divert 21,000 tonnes of recyclables each year from the northern region and a further 30,000 tonnes of recyclables each year from the broader SA community". Adam Faulkner, NAMWA CEO. Watch the video to find out how NAMWA has become a world leader in recycling management.



t And we're off and running at the Student-led Attendance Forum in the North at @CityofSalisbury's #Twelve25 Youth Enterprise Centre with the @edu_sagov!! #youngpeople #youthled #education



f Eating healthy does not need to be expensive. Bagster Road Community Centre has 'Fast and Fresh' meal kits which contain everything needed to prepare a fast, fresh and tasty meal at home for a family of four using seasonal produce, all for \$8.50. A simple guide on meal preparation is included with each kit.

Spring menu:

- Green chicken curry • Beef hot pot • Warm roast vegetable salad • Chicken chasseur • Creamy vegetable pasta

You can call ahead to place your order and have it ready for you, or you can drop by and wait for your order to be prepared. For more information or to make an order please call 8250 4167.

Samantha Lea I haven't been to this service yet but have used other ones and it's a great way to buy your meals. Cheap, healthy and you don't have to think so hard about what to feed everyone.

Mollie Barton This is so much cheaper and healthier than fast food. Get on board people!!!



f Facilitating positive intercultural interaction is a challenge that all leaders in our community should strive to meet. According to Professor Mohamad Abdalla, cultural "interconnectedness" can only occur when we have a deep understanding and respect for people from different backgrounds. Yesterday about 60 staff members attended a session with Prof. Abdalla to learn how to foster a more inclusive community, build greater relationships and promote community harmony.

Nola Assal One of the well respected professors in the community. Couldn't ask for anyone else to represent us in the community. Well done City of Salisbury.



cityofsalisbury

Have you got a question you've been meaning to ask Council? Whether it's done face-to-face, on the phone, in a letter or, now, through live Webchat – our friendly customer service staff are happy to assist with your questions. Just visit our website and click on the yellow speech bubble icon in the bottom left hand corner in order to submit a question to our helpful customer service team.

charmainewing What a great initiative, great work :)



cityofsalisbury

Can you guess this laneway? Take a close look because it will soon be unrecognisable! Next week @rathman74 will transform this laneway with a colourful mural. As part of our Create a Place public art program South Australian Artists will transform local spaces with vibrant artworks, within key precincts across the City of Salisbury. #createaplace

judi_b_70 How utterly wonderful. I have long thought we should have more public art. It adds vibrancy to our wonderful city!

metanoia_australia That will make a much nicer walk through to the cinema! :)

abandoned_trolleys_of_adelaide Oh good! It needs brightening up!

Big THINGS ARE HAPPENING IN 2020!



BOARDWALK AT GREENTREE - UDIA AWARD WINNER FOR EXCELLENCE - 2018 & 2019



The national award-winning development team at City of Salisbury is working hard to bring you 2 brand new land projects, plus a collection of turnkey homes at Boardwalk at Greentree in 2020.

We can't give too much away, but 2020 is shaping up to be a big year! We will be releasing new land in Para Hills and Salisbury North, plus a brand new collection of turnkey homes in Paralowie's favourite address, Boardwalk at Greentree.

Stay informed by registering your interest at salisburyliving.com.au.



To learn more about our current projects, please contact our Sales Agent at Connekt on 1300 88 59 22 or boardwalk@connektup.com.au.

Visit salisburyliving.com.au to view our current and past projects.

