

Vegetarian Options

Vegetarian Lasagne

Sweet potato, eggplant & cauliflower
béchamel sauce served with
vegetables OR salad

Vegetarian Pasty

served with vegetables OR
chips & salad

Alternative Meals

Ham, Salad Plate (gf)

Sandwich or Wrap

(with our range of fillings)
toasted or fresh

Bowl of Hot Chips

Bowl of Vegetables

Desserts

Jelly Slice

Fruit Salad

Trifle

Apple Strudel

“Special Dessert” each week

Desserts served with Cream OR
Ice-cream OR Yoghurt
Please let us know your
preference when ordering



Located at the
JACK YOUNG
CENTRE

1 Orange Ave, Salisbury

SPRING & SUMMER

2021-2022

6 September - 1 April

Monday to Friday

Please place orders by calling
8406 8525 before 11.30am
Lunch service 12noon - 1pm

*Small meals available
upon request*



Jack's Café Menu

Menu subject to change

Soup of the week

Served with a bread roll

Roast of the week

Served with roast potatoes and seasonal vegetables

Plus two Specials each week

gf = Gluten Free

Note: our Bread rolls are not gluten free

Main Meals

Chicken or Beef Schnitzel

Served with roast potatoes & vegetables OR chips & salad

Choice of sauces include:

Mushroom, Garlic or Plain.

Grilled Chicken (gf)

Freshly grilled chicken breast served with roast potatoes & vegetables OR chips & salad

Choice of sauces include:

Mushroom, Garlic or Plain.

Lamb Souvlaki

Two seasoned marinated lamb skewers, pita bread & tzatziki served with vegetables OR chips & salad

Salt & Pepper Squid Salad

Mixed salad leaves, cherry tomatoes, cucumber, carrot with tartare sauce

Fish & Chips

Grilled (gf) OR Crumbed served with vegetables OR salad