

Monthly Specials: April

Soup of the Week (served with a bread roll) **\$3.50**

Specials of the Week **\$8 | \$10**

Roast of the Week **\$8 | \$10**
(served with roast potatoes, seasonal veg & gravy)

Dessert of the Week **\$3.50**

31 March to 4 April

Soup of the Week: Hearty Lamb and Vegetable

Specials:

Coconut Curry Sausages

served with mash potato and salad OR mash and vegetables

Chicken Patties with Leek Sauce

served with mash and salad OR mash and vegetables

Roast of the Week: Beef

Dessert of the Week:

Apricot and Coconut Slice with cream OR ice cream

7 to 11 April

Soup of the Week: Potato, Leek and Chicken

Specials:

Mixed Grill – Your choice of Gravy

served with salad and chips OR roast potatoes and vegetables

Chicken Mignon

served with mash potato and salad OR mash and vegetables

Roast of the Week: Pork

Dessert of the Week: Caramel popcorn sponge pudding

Monthly Specials: April

14 to 18 April

Soup of the Week: Beef and Vegetable

Specials:

Cornish Pasty

served with salad and chips OR roast potatoes and vegetables

Pork Schnitzel – Your choice of Gravy

served with salad and chips OR roast potatoes and vegetables

Roast of the Week: Rolled Roast Chicken

Dessert of the Week: Lemon Meringue

22 to 24 April

Soup of the Week: Tomato

Specials:

Butter Chicken with Rice

served with Salad or Vegetables

Steak & Mushroom Pie

served with salad and chips OR roast potatoes and vegetables

Roast of the Week: Corned Beef

Dessert of the Week: Bread and Butter Pudding

with cream OR ice cream

Please note, the menu is subject to change.

Take-away and frozen meals 50c extra.

** Meal is not suitable for freezing.*

*** Meal is not available in small size.*



Jack's Cafe



*Join us for a meal at the
Jack Young Centre (JYC)*

2 Orange Ave, Salisbury

April Menu 2025

**For more
information
call 8406 8525
or visit**

www.salisbury.sa.gov.au/jyc





Main Courses

Chicken or Beef Schnitzel \$8 | \$10

served with roast potatoes and vegetables
OR chips and salad
Choice of sauces: mushroom, garlic or plain

Grilled Chicken (gf) \$8 | \$10

Freshly grilled chicken breast served with roast potatoes
and vegetables OR chips and salad
Choice of sauces: mushroom, garlic or plain

Fish and Chips \$8 | \$10

Crumbed fish served with chips and salad
OR chips and vegetables

Grilled Fish and Chips (gf) \$8 | \$10

with salad OR vegetables

Tuna Patties \$8 | \$10

Two tuna patties with roast potatoes and vegetables
OR chips and salad
Choice of sauces: mushroom, garlic or plain

Quiche \$8 | \$10

Choice of three options
Lorraine, Spinach and Mushroom or Tomato and Fetta
served with roast potatoes and vegetables
OR chips and salad

Chicken or Lamb Yiros \$8 | \$10

Choice of chicken or lamb served with chips only

Gf = gluten free



Vegetarian Options

Pumpkin and Spinach Risotto \$8 | \$10

a creamy rice dish with roasted pumpkin and baby
spinach

Moroccan Chickpea Bake \$8 | \$10

a nice vegan option with healthy vegetables
and a Moroccan seasoning



Alternative Meals

Warm Chicken Salad \$8 | \$10

Grilled chicken tenders on a bowl of lettuce, tomato,
cucumber, red onion and our own JYC dressing served in
a jug

Sandwich or Wrap \$4

Choice of ham, egg or tuna and a choice of up to four
extras (cheese, lettuce, tomato, carrot, cucumber, gherkin,
raw/pickled onion, beetroot, mayo)



Desserts

Trifle \$3.50

Creamed Rice with Fruit \$3.50

Vanilla Panna Cotta (gf) \$3.50

Fruit Salad \$3.50

with cream OR ice cream (gf)

'Special Dessert' each week \$3.50



Turn over
for monthly
specials!

Good food, good company.

Jack's café is a hidden gem for lunch
specifically for people aged over 50.

Located inside Jack Young Centre, hot meals are
available at lunchtime (service between 12pm to 1pm)
with a varied regular menu as well as weekly specials.
Orders for the lunch service can be placed by calling the
centre from 8.30am.

The blue subsidised pricing is available for eligible My
Aged Care clients with a meal referral.
'Grab and Go' light meals or a selection of frozen meals
are available during centre hours as well as barista
coffee, freshly made biscuits, snacks and cakes.

Monday to Friday (closed public holidays)

**Please place lunch orders by
calling 8406 8525 between
8.30am and 11.30am**

Small meals available upon request

For more information, visit

www.salisbury.sa.gov.au/jyc