

## Vegetarian Options

### Crispy Potato Tacos (gf)

2 x soft corn taco shells with  
Mexican salad topping  
& salsa dressing

### Cannelloni

### with Spinach & Ricotta

served with chips & salad  
OR vegetables

## Alternative Meals

### Ham Salad Plate (gf)

### Sandwich or Wrap

(with our range of fillings)  
toasted or fresh

### Bowl of Hot Chips (gf)

### Bowl of Vegetables (gf)

## Desserts

### Apple Pie

### Chocolate Mousse

### Jelly-fruit

### Fruit Salad (gf)

### “Special Dessert” each week

Desserts served with Cream  
OR Ice-cream

Please let us know your  
preference when ordering



Located at the  
**JACK YOUNG  
CENTRE**

2 Orange Ave, Salisbury

## SPRING & SUMMER

## MENU 2022-2023

5 September—31 March

## Monday to Friday

Closed Public Holidays

**Please place orders by calling**

**8406 8525** before 11.30am

Lunch service 12noon - 1pm

Small meals available upon request



# Jack's Café Menu

Menu subject to change

## Soup of the week

served with a bread roll

## Roast of the week

served with roast potatoes  
and seasonal vegetables

## Remember to look at our Specials Board

*gf = Gluten Free*

*Note: our Bread rolls are not gluten free*

## Main Meals

### Chicken or Beef Schnitzel

served with roast potatoes & vegetables

OR chips & salad

*Choice of sauces include:  
mushroom, garlic or plain*

### Grilled Chicken (gf)

Freshly grilled chicken breast served  
with roast potatoes & vegetables

OR chips & salad

*Choice of sauces include:  
mushroom, garlic or plain*

### Fish & Chips

Crumbed fish

served with salad OR vegetables

### Grilled Fish (gf)

In white wine tomato basil sauce

served with chips & salad

OR vegetables

### Chicken Caesar Salad

Grilled chicken pieces in a bowl  
with Cos lettuce, croutons, egg,  
bacon & parmesan cheese

Drizzled with Caesar dressing

### Spring Roll rice bowl

3 x spring rolls with white rice,  
shredded carrot, coleslaw,  
cucumber, spring onion

Served with a sweet chilli sauce