

Vegetarian Options

Singapore Noodles (gf)

thin rice noodles tossed with assortment of vegetables in mild curry

Mac-n-Cheese

baked cheesy macaroni with a crunchy topping served with salad

Alternative Meals

Ham Salad Plate (gf)

Sandwich or Wrap

(with our range of fillings)
toasted or fresh

Bowl of Hot Chips (gf)

Bowl of Vegetables (gf)

Desserts

Apple & Sultana Strudel

Sticky Date Pudding

Bread & Butter Pudding

Fruit Salad (gf)

“Special Dessert” each week

Desserts served with Cream

OR Ice-cream

*Please let us know your
preference when ordering*

Weekly specials can be found at:

www.salisbury.sa.gov.au/jyc



Located at the
**JACK YOUNG
CENTRE**

2 Orange Ave, Salisbury

AUTUMN & WINTER

MENU 2024

1 April—30 August

Monday to Friday

Closed Public Holidays

Please place orders by calling

8406 8525 from 8.30am

Lunch service 12noon - 1pm

Small meals available upon request



Jack's Café Menu

Menu subject to change

Soup of the week

served with a bread roll

Roast of the week

served with roast potatoes
and seasonal vegetables

*Remember to look at our
Specials Board*

gf = Gluten Free

Note: our Bread rolls are not gluten free

Main Meals

Chicken or Beef Schnitzel

served with roast potatoes & vegetables

OR chips & salad

*choice of sauces include:
mushroom, garlic or plain*

Grilled Chicken Breast (gf)

served with roast potatoes & vegetables

OR chips & salad

*choice of sauces include:
mushroom, garlic or plain*

Crumbed Fish & Chips

served with salad OR vegetables

Grilled Fish & Chips (gf)

served with salad OR vegetables

Tuna Mornay

served with salad and chips

OR vegetables

Sweet & Sour Pork

juicy pieces of pork fried until
crispy with sweet & sour sauce
served on a bed of steamed rice

Savoury Mince (gf)

served with mash only