

Vegetarian Options

Vegetarian Curry (gf)

Roasted vegetables in a mild curry
sauce served on a bed of rice

Vegetarian Pasty

served with vegetables
OR salad

Alternative Meals

Ham Salad Plate (gf)

Sandwich or Wrap

(with our range of fillings)
toasted or fresh

Bowl of Hot Chips (gf)

Bowl of Vegetables (gf)

Desserts

Sticky Date Pudding

Baked Cheesecake

Bread & Butter Pudding

Fruit Salad (gf)

“Special Dessert” each week

Desserts served with Cream OR
Ice-cream OR Yoghurt
Please let us know your
preference when ordering



Located at the
**JACK YOUNG
CENTRE**

1 Orange Ave, Salisbury

AUTUMN & WINTER

MENU 2022

4 April - 2 September

Monday to Friday

Closed Public Holidays

Please place orders by calling

8406 8525 before 11.30am

Lunch service 12noon - 1pm

Small meals available upon request



Jack's Café Menu

Menu subject to change

Soup of the week

served with a bread roll

Roast of the week

served with roast potatoes
and seasonal vegetables

Remember to look at our Specials Board

gf = Gluten Free

Note: our Bread rolls are not gluten free

Main Meals

Chicken or Beef Schnitzel

served with roast potatoes & vegetables

OR chips & salad

*Choice of sauces include:
mushroom, garlic or plain*

Grilled Chicken (gf)

Freshly grilled chicken breast served
with roast potatoes & vegetables

OR chips & salad

*Choice of sauces include:
mushroom, garlic or plain*

Fish & Chips

Grilled (gf) or crumbed

served with salad OR vegetables

Tuna Patties

Two (2) tuna patties served with
roast potatoes & vegetables

OR chips & salad

*Choice of sauces include:
mushroom, garlic or plain*

Bangers & Mash

served with vegetables of the day

Salt & Pepper Squid Salad

Mixed salad leaves, cherry

tomatoes, cucumber, carrot

with tartare sauce