



# Social Garden & Mini-Shed Program

for people over 50 years old

## at Burton Communal Garden



### Ongoing Activities *October to December Calendar*

#### **Tuesday to Thursday**

Pottering in the Garden drop-in, 9am to 12noon

#### **Tuesday**

Friends of Nature Group, 9am to 12noon

Building Projects in the Mini-shed, 9am to 12noon

#### **Wednesday**

Mixed Craft, 10am to 11.30am, bookings required

Seed Sowing and Saving 9.15am to 10am, 1st and 3rd of month

Garden Tips Talks, 1pm to 2.30pm fortnightly, bookings required

#### **Thursday**

Building Projects in the Mini-shed, 9am to 12noon

Friends of Nature Group, 1pm to 2.30pm

**\$4 each person each attendance unless stated otherwise,  
tea and coffee supplied**

**Burton Community Hub, 380 Waterloo Corner Road, Burton**

**Bookings 8487 1820 (Burton Community Hub)**

For information, enquiries contact Shannan on 0401 984 785 or [sdavis@salisbury.sa.gov.au](mailto:sdavis@salisbury.sa.gov.au)

For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)



# Social Garden & Mini-Shed Program

for people over 50 years old

## at Burton Communal Garden

Ongoing Activities *October to December Calendar*

Drop in and have a cuppa and a chat

### Gardening

Pottering in the Garden

Tuesday to Thursday, 9am to 12noon

Current garden focus: summer veggies for a shared meal in Dec

Gardening can be very therapeutic, especially in the company of others.

Join us in an informal morning of planting, sowing, pruning and tending to the plants in the Garden. Help us maintain the Garden and learn as you do.



### Mini-shed

Building and Constructing – help out or learn

Tuesday and Thursday, 9am to 12noon

Current woodwork projects: vertical beds, planter boxes

We've lots to build for the garden to develop it; Planter boxes; pot holders, Come and joins us, it's a relaxed atmosphere, we can help you learn basic woodwork skills, or you can share yours.



### Friends of Nature

Biodiversity Projects

Tuesdays, 9am to 12noon

Thursdays, 1pm to 2.30pm

Help the environment

Be involved in projects to help the natural environment in your local area.

These sessions involve a mix of activities to increase your knowledge on aspects of the local environment, and grow plants to help it.



For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)



# Social Garden & Mini-Shed Program

*for people over 50 years old*

## at Burton Communal Garden

### **Mixed Craft** bookings required

phone 8487 1820 (Burton Community Hub)

**Wednesday, 10am to 11.30am**

An informal and fun social activity to meet with people whilst learning new skills. A variety of crafts are presented throughout the year, so there is always something interesting to do.

## October 2023

**Bee Hotels 18 Oct**

Easy to make house for native bees.

**Scented Herb Bags 25 Oct**

Make an herb bag to freshen up your draws.

## November 2023

**Edible Kokodama 8 Nov**

Great for keeping herbs fresh in the kitchen.

**Seed Pod Art, 15 Nov**

Nature inspired decorations.

**Hanging Recycled Planter, 22 Nov**

Quick and easy way to bring colour to your home



## December 2023

**Shared lunch event, 6 Dec.**

**Mini Kitchen Herb Garden, 13 Dec**

Have fresh herbs on hand to garnish and flavour your meals



**Holiday break. Back mid-January**

For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)





# Social Garden & Mini-Shed Program

*for people over 50 years old*

## at Burton Communal Garden

### What is required to be a regular participant at the Over 50's Programs at Burton Communal Garden?

Adults over 50 are welcome to attend any of our program offerings. If you intend coming regularly to a particular group or a variety of groups, we organise for you to become a member of our Over 50's centres.



The cost of this for the 2023/24 Financial year is \$12 and gives you access to attend any of our groups, activities and special events at our other over 50's centres (Jack Young Centre – Salisbury; Para Hills Senior Centre; Pine Lakes Centre – Parafield Gardens). There are all types of programs, events and activities available, plus delicious lunches or take-away meals.

Please ask Shannan (our Garden coordinator) for a Membership form or about the Garden membership process. Contact 0401 984 785 or [sdavis@salisbury.sa.gov.au](mailto:sdavis@salisbury.sa.gov.au)



### Other Over 50's Programs

Drop-in and try the first time is free.  
\$3/\$4 per session, includes a cuppa

#### Burton Friendship Group

Tuesday: 10am to 11.30am

Informal, and friendly environment to meet new people. Fortnightly guest speakers present on topics ranging from practical issues relating to health to special interests. Sparking conversation and sharing experiences.

#### Wood Burning

Thursday: 1pm to 3pm

Fun, relaxing activity, and a great way to meet people.



For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)

# Burton Communal Garden

Burton Community Hub, 380 Waterloo Corner Road, Burton



## Food Garden Tips Talks *open to all adults*

Supporting people grow their own food at home

**Wednesday 1 - 2.30pm**

### *Productive Gardens* Information Sessions

Informal sessions covering topics related to home food production. Some of these sessions are a combination of watching a 'Grow It Local' video followed by further discussion with our in-house garden staff to make relevant to local gardens.



Date	Topic
18 Oct	<p><b>#GIL Organic Pest control</b> (The Hive and Garden)</p> <p>Video of Sophie Thompson talking about how to deal with garden pests and diseases in an organic and sustainable way. First, you need to understand why the problem occurred in the first place. Sophie will share how to make your plants happy and healthy so they don't get sick in the first place, as well as how to encourage garden guardians into your patch so they can help you deal with the bad bugs. Complimented by a guided walk around Burton Communal Garden and a discussion on your gardening experiences.</p>
25 Oct	<p><b>Growing Herbs for Cooking and Tea</b> (The Hive and Garden)</p> <p>Talk on growing Mediterranean herbs to enhance flavour of your meals by in-house garden. Video of Casey Lister on growing herbs for Tea. Herbs are among some of the easiest and most attractive plants to cultivate in the garden. Herbal teas can actively improve our health and ease the symptoms of common conditions such as anxiety and digestive problems.</p>
8 Nov	<p><b>Summer Veggies Growing</b> (in The Hive and Garden)</p> <p>Talk on productive veggie growing through summer. Covering what to grow, successive planting, fertilising, harvesting and setting up your garden to survive the heat.</p>
22 Nov	<p><b>#GIL How to Grow Your Own Food and Save Money</b> (The Hive)</p> <p>Video of gardening guru Chris Ferreira for this practical session on how to grow nutritious and sustainable food during tough times. Tips include simple ways to minimise your gardening costs, selecting the most appropriate edible varieties for your location and Chris's personal tips and tricks to maximise your harvest and yields.</p>
29 Nov	<p><b>#GIL Grow More Food Easily Using Edible Perennials</b> (The Hive and Garden)</p> <p>Growing veggies can seem to take a lot of effort sometimes, with all the weeding, planting and turning over garden beds. But you can take some pressure off yourself, while still growing delicious edible foods, by diving into the world of edible perennials. Video of practitioner Morag Gamble for this online workshop and learn how you can embrace edible perennials in your garden, so there's always something to eat growing in your patch!</p>

**Bookings 8487 1820 (Burton Community Hub) \$4 per session**

For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)









# Burton Communal Garden

Burton Community Hub, 380 Waterloo Corner Road, Burton



## Special events Biodiversity and Food

Date	Topic
12 Oct 	<b>Butterfly and Biodiversity Day, 10am - 12.30pm.</b> Free event School holiday event to bring the grandchildren to. 10am, Talks on attracting butterflies into your garden, and biodiversity project in the City of Salisbury 11am, Butterfly trail and games to find out about butterflies you might see locally.
19 Oct 	<b>Propagating Natives, 10am - 11.30am</b> Hands-on propagation session. Learn to propagate local natives for attracting butterflies to your garden. Cost \$4 per person
25 Oct 	<b>Open Morning, 10am - 1 pm,</b> Free event Visit the Garden, join us for a chat and morning tea. Bring your lunch and sit in the garden. See what we've been up to in the last year at the Garden. Find out about new activities.
14 Nov 	<b>Sharing a Passion for Food: Recipe swap &amp; shared lunch, 11am – 12.30pm</b> Maintain your motivation to keep eating lots of veggies by sharing your favourite summer salad recipe. Bring your lunch of your favourite salad for a shared meal. Drinks and light entertainment supplied. Numbers limited, so book early. Cost \$4 per person.
6 Dec 	<b>Celebratory Shared Lunch, 11.30am – 1pm</b> Celebrate the year of Garden activities with a shared lunch, and company of fellow gardeners. Light lunch and drinks supplied. Numbers limited, so book early. Cost \$10 per person.
14 Dec 	<b>Sharing a Passion for Food: Preparing and Sharing lunch, 11am – 1pm</b> Using fresh produce from the Burton Communal Garden, assemble and share a meal together. Drinks supplied. Numbers limited, so book early. Cost \$4 per person.

For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)

# Burton Communal Garden

Burton Community Hub, 380 Waterloo Corner Road, Burton



## Butterflies and Biodiversity Event

School holiday event to bring the grandchildren to.



**12 October 2023**

**10am – 12.30pm**

**10am,** Talks on attracting butterflies into your garden, and biodiversity projects in the City of Salisbury.

**11am,** Butterfly trail and games to find out about butterflies you might see locally.



## Propagating Native Plants

**19 October 2023**

**10am – 11.30am**

Hands-on propagation session. Learn to propagate local natives for attracting butterflies to your garden. Cost \$4

**Bookings 8487 1820**  
(Burton Community Hub)

For information, enquiries contact Shannan on 0401 984 785 or [sdavis@salisbury.sa.gov.au](mailto:sdavis@salisbury.sa.gov.au)

For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)

# Burton Communal Garden

Burton Community Hub, 380 Waterloo Corner Road, Burton



## Growing Veggies in Salisbury

*for people over 50 years old living in the City of Salisbury*

Want to learn about growing food at home for this climate and conditions?

This course covers essential information for those getting started, or with some experience. A great way to connect with others and share your knowledge.

### 4-week Course

*Commencing 2 Nov, 2023*

*Thursdays 10am – 11.15am*

**Bookings 8487 1820 (Burton Community Hub)**

**\$4 each person each attendance  
tea and coffee supplied**

**Burton Community Hub, 380 Waterloo Corner Road, Burton**

For information, enquiries contact Shannan on 0401 984 785 or [sdavis@salisbury.sa.gov.au](mailto:sdavis@salisbury.sa.gov.au)

For more information on other gardening activities go to [www.salisbury.sa.gov.au/gardening](http://www.salisbury.sa.gov.au/gardening)