



# AGED CARE INFORMATION SESSIONS

Come and find out everything you need and want to know about Community Aged Care Services and Residential Aged Care through the delivery of 4 FREE information sessions.

Obtain information on a range of topics including the following:

- Entry level support available
- Home Care Packages, Residential Care and Retirement Villages
- The importance of staying active and involved in the community.
- Staying safe and independent in your home
- Planning Ahead
- Quality Standards

## SESSION 2

**10AM TO 12.30PM  
FRIDAY 17 MAY 2019**

**Para Hills Community Hub  
Wilkinson Road, Para Hills**

### Topics:

- Home Care Packages –Helping Hand
- Assessments for a Home Care Package and Residential Care - ACAT
- Advocacy Service - ARAS
- Strength for Life -COTA

Future sessions:  
Friday 19 July 2019  
Friday 20 September 2019  
(See back for full details)

Morning tea included. Limited places available.  
Bookings essential by Monday 13 May 2019  
[www.salisbury.sa.gov.au/ACIS](http://www.salisbury.sa.gov.au/ACIS)  
Enquiries **8406 8368**

A shuttle is available from JYC to PHSC. Limited seats available.  
Please contact JYC on 8406 8525 to book.



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<p><b>Aged Care Information Session #3</b> <b>Friday 19 July 2019</b> <b>10am to 12.30pm</b></p>	<ul style="list-style-type: none"><li>• Planning Ahead – Advance Care Directives – Office of the Public Advocate</li><li>• Organ Donation – Donate Life</li><li>• Independent Living Centre</li><li>• My Health Record – Adelaide PHN</li></ul>
<p><b>Aged Care Information Session #4</b> <b>Friday 20 September 2019</b> <b>10am to 12.30pm</b></p>	<ul style="list-style-type: none"><li>• Residential Care – Dunbar Homes</li><li>• The Quality Standards – Better Practice Project</li><li>• Retirement Villages – Catalyst Foundation</li><li>• Royal Commission Update</li><li>• Goal Setting</li></ul>