

Vegetarian Options (from \$5.50)

Vegetarian Nachos

Thick chunky salsa, beans, cheese and sour cream served on a bed of crispy corn chips topped with guacamole sauce

Zucchini & Feta Fritters *

Served with roast potatoes and vegetables
OR chips & salad

Alternative Meals

Sandwich or Wrap (\$4.00)

(with our range of fillings)
toasted or fresh

Bowl of Hot Chips (\$3.00)

Bowl of Vegetables (\$3.00)

Desserts (\$3.00)

Bread & Butter Pudding

Sticky Date Pudding

Pancake with Jam

Jack's Trio Mousse

Fruit Salad (gf)

Desserts served with Cream OR
Ice-cream OR Yoghurt
Please let us know your
preference when ordering



Located at the
**JACK YOUNG
CENTRE**
1 Orange Ave, Salisbury

AUTUMN & WINTER MENU 2019

1 April - 30 August 2019

Monday to Friday

Please place orders by calling
8406 8525 before 11am
Lunch service 12noon - 1pm

Meals with asterix * are available in small size



Main Meals (from \$5.50)

Moroccan Chicken Salad (gf)

Moroccan chicken tenders
served with our own
special salad

Fish & Chips *

Grilled (gf) or crumbed
served with salad OR vegetables

Ham Steak & Pineapple

served with vegetables
OR chips & salad

Chicken or Beef Schnitzel *

served with roast potatoes and
vegetables OR chips & salad

*Choice of sauces include:
mushroom, garlic or plain*

Grilled Chicken * (gf)

Freshly grilled chicken breast served
with roast potatoes & vegetables
OR chips & salad

*Choice of sauces include:
mushroom, garlic or plain*

Tuna Patties *

Two (2) tuna patties served with
vegetables OR chips & salad

*Choice of sauces include:
mushroom, garlic or plain*

Jack's Café Menu

Menu subject to change

Soup of the week (\$3.00)

served with a bread roll

Roast of the week *(from \$5.50)

served with roast potatoes
and seasonal vegetables

Remember to look at our Specials Board

gf = Gluten Free

Note: our Bread rolls are not gluten free